1  
00:00:01,680 --> 00:00:01,960  
好  
  
2  
00:00:02,280 --> 00:00:04,800  
各位同学，咱们接着聊啊  
  
3  
00:00:05,920 --> 00:00:11,800  
刚才说到了防己茯苓汤与防己黄芪汤二者之对比啊  
  
4  
00:00:11,800 --> 00:00:12,720  
咱们接着往后  
  
5  
00:00:13,740 --> 00:00:13,940  
呃  
  
6  
00:00:14,060 --> 00:00:14,780  
下一个呢  
  
7  
00:00:14,780 --> 00:00:17,540  
25条，他讲了这么一句话  
  
8  
00:00:18,460 --> 00:00:21,380  
李水月毕加猪汤主之  
  
9  
00:00:22,400 --> 00:00:24,920  
甘草麻黄汤易主之啊  
  
10  
00:00:24,960 --> 00:00:25,880  
那么咱们就是讲  
  
11  
00:00:26,560 --> 00:00:28,600  
呃，那么离水啊  
  
12  
00:00:29,200 --> 00:00:30,280  
那么礼呢  
  
13  
00:00:30,280 --> 00:00:32,400  
说的是部位分界，对吧  
  
14  
00:00:32,439 --> 00:00:34,520  
那么讲的是在理之部位分界  
  
15  
00:00:35,050 --> 00:00:37,450  
那么在里头的复位部位分界呢  
  
16  
00:00:37,450 --> 00:00:38,850  
有水，呃  
  
17  
00:00:39,010 --> 00:00:40,690  
怎么把它发出去啊  
  
18  
00:00:40,730 --> 00:00:42,090  
告诉你两个方法  
  
19  
00:00:42,450 --> 00:00:43,090  
第一个呢  
  
20  
00:00:43,570 --> 00:00:46,170  
月毕加猪，这个是比较经典的了  
  
21  
00:00:46,170 --> 00:00:48,530  
咱们刚才讲月壁汤的时候已经跟大家说完了  
  
22  
00:00:48,850 --> 00:00:52,870  
那么发月其在内，也就是位卑对吧  
  
23  
00:00:53,230 --> 00:00:55,910  
那么高者，其高者为敦父  
  
24  
00:00:56,530 --> 00:00:57,770  
其低者呢  
  
25  
00:00:58,010 --> 00:00:59,010  
为卑奸啊  
  
26  
00:00:59,170 --> 00:01:02,530  
发阅这个在低的地方的诗，把它发出来  
  
27  
00:01:03,250 --> 00:01:03,450  
呃  
  
28  
00:01:03,650 --> 00:01:05,850  
甘草麻黄汤啊，在这是咋回事呢  
  
29  
00:01:06,810 --> 00:01:07,690  
那么这个方子呢  
  
30  
00:01:08,170 --> 00:01:09,250  
呃，实际上  
  
31  
00:01:12,240 --> 00:01:12,760  
两味药  
  
32  
00:01:13,280 --> 00:01:14,600  
一个甘草，一个麻黄  
  
33  
00:01:14,680 --> 00:01:16,680  
而且二者之间有一个比例  
  
34  
00:01:17,680 --> 00:01:20,430  
额，甘草为二  
  
35  
00:01:20,750 --> 00:01:21,430  
麻黄为四  
  
36  
00:01:22,030 --> 00:01:24,070  
一比二的比例啊，一比二的比例  
  
37  
00:01:24,510 --> 00:01:24,710  
呃  
  
38  
00:01:24,710 --> 00:01:25,950  
那么这个比例呢  
  
39  
00:01:26,880 --> 00:01:28,560  
他其实我个人认为啊  
  
40  
00:01:28,640 --> 00:01:31,240  
就是一个小的月饼汤啊  
  
41  
00:01:31,240 --> 00:01:32,480  
一个小月饼糖，为什么  
  
42  
00:01:32,680 --> 00:01:34,280  
因为他开表的力量有了吧  
  
43  
00:01:35,000 --> 00:01:36,000  
哎，第二一则呢  
  
44  
00:01:36,520 --> 00:01:36,800  
呃  
  
45  
00:01:38,280 --> 00:01:38,680  
那么  
  
46  
00:01:40,770 --> 00:01:42,290  
他的这个这个甘草啊  
  
47  
00:01:42,450 --> 00:01:45,170  
牵扯于内缓中的力量也有了  
  
48  
00:01:45,590 --> 00:01:47,390  
但是你从二者之间呢  
  
49  
00:01:47,390 --> 00:01:49,110  
你就会观察出一个问题啊  
  
50  
00:01:49,670 --> 00:01:53,560  
月毕加猪汤和甘草麻黄汤，二者之间的力道  
  
51  
00:01:53,720 --> 00:01:54,680  
我个人认为啊  
  
52  
00:01:55,280 --> 00:01:57,590  
如果说久病  
  
53  
00:01:58,990 --> 00:02:02,550  
我个人认为啊，用月币加注汤更好一点  
  
54  
00:02:03,120 --> 00:02:03,440  
对吧  
  
55  
00:02:03,480 --> 00:02:05,320  
它是多个系统的协作  
  
56  
00:02:05,800 --> 00:02:09,639  
那么粤壁汤和白猪的联合应用啊  
  
57  
00:02:10,380 --> 00:02:14,900  
而心病甘草麻黄汤相对来说比较好一点  
  
58  
00:02:15,460 --> 00:02:18,680  
那么兼虚，用粤B加注  
  
59  
00:02:19,640 --> 00:02:20,960  
更偏食用哪个呀  
  
60  
00:02:22,120 --> 00:02:24,000  
甘草麻黄，我认为这两个呢  
  
61  
00:02:24,890 --> 00:02:25,610  
各有妙用  
  
62  
00:02:26,010 --> 00:02:28,090  
实际上在真正临床的时候啊  
  
63  
00:02:28,090 --> 00:02:30,770  
我们说跟我们搞学问又不一样  
  
64  
00:02:31,320 --> 00:02:33,080  
呃，那么对于用经方呢  
  
65  
00:02:33,440 --> 00:02:34,360  
观点不同啊  
  
66  
00:02:34,440 --> 00:02:38,650  
就是有很多同仁额的用法  
  
67  
00:02:38,650 --> 00:02:39,530  
用的也非常好  
  
68  
00:02:39,970 --> 00:02:40,490  
他们呢  
  
69  
00:02:40,850 --> 00:02:43,810  
呃，用原方原谅啊  
  
70  
00:02:44,730 --> 00:02:46,610  
呃，不加减啊  
  
71  
00:02:46,610 --> 00:02:47,770  
或者是很少加减  
  
72  
00:02:48,410 --> 00:02:48,690  
呃  
  
73  
00:02:49,610 --> 00:02:52,570  
至少呢，他不用原谅也要用原比例  
  
74  
00:02:53,160 --> 00:02:54,240  
呃，这种用法呢  
  
75  
00:02:54,360 --> 00:02:55,480  
其实是很好的  
  
76  
00:02:55,480 --> 00:02:58,520  
因为本身这个伤寒论的那个程序呀  
  
77  
00:02:59,090 --> 00:03:00,250  
它都是编好的了  
  
78  
00:03:00,570 --> 00:03:02,010  
它本身是先天的东西  
  
79  
00:03:02,010 --> 00:03:02,890  
它不是后天的东西  
  
80  
00:03:02,890 --> 00:03:05,330  
你用后天的加减也很难，呃  
  
81  
00:03:05,330 --> 00:03:07,170  
但是不代表不能加减啊  
  
82  
00:03:07,210 --> 00:03:09,010  
这个东西我给大家解释过  
  
83  
00:03:09,370 --> 00:03:09,570  
呃  
  
84  
00:03:09,730 --> 00:03:14,210  
你只要按照先天规则去加减，效果就非常好  
  
85  
00:03:14,500 --> 00:03:14,700  
呃  
  
86  
00:03:14,700 --> 00:03:16,260  
那么咱们在门诊上呢  
  
87  
00:03:16,260 --> 00:03:20,310  
那么基本上呃，我是不愿意加减的  
  
88  
00:03:20,310 --> 00:03:23,430  
我很多时候你们也能看见我都是原原原方  
  
89  
00:03:23,870 --> 00:03:24,590  
呃，省心  
  
90  
00:03:25,070 --> 00:03:26,390  
但有很多时候不行  
  
91  
00:03:27,190 --> 00:03:29,630  
那么兼了很多问题或者需要变化  
  
92  
00:03:30,070 --> 00:03:33,010  
那么你就得有一个调整  
  
93  
00:03:33,010 --> 00:03:33,810  
有调整之后呢  
  
94  
00:03:33,810 --> 00:03:35,490  
效果会更好啊  
  
95  
00:03:35,490 --> 00:03:37,210  
我们讲不是说你不好啊  
  
96  
00:03:37,210 --> 00:03:38,770  
而是我们说可以更好  
  
97  
00:03:39,120 --> 00:03:40,040  
但这个更好呢  
  
98  
00:03:40,480 --> 00:03:44,200  
你在没有掌握它先天规律的加减变化  
  
99  
00:03:44,240 --> 00:03:48,990  
之前我个人还真就建议听从老人言啊  
  
100  
00:03:49,070 --> 00:03:52,030  
徐灵台先生说的最好还是别加减了  
  
101  
00:03:52,430 --> 00:03:54,270  
你别添乱，是不是这个道理啊  
  
102  
00:03:54,550 --> 00:03:54,750  
哎  
  
103  
00:03:54,830 --> 00:03:55,470  
别添乱  
  
104  
00:03:56,130 --> 00:03:57,450  
那么如果不能加减  
  
105  
00:03:57,970 --> 00:04:00,290  
那么伤寒论就不是113方了  
  
106  
00:04:00,970 --> 00:04:02,490  
大家听懂我说的意思了吗  
  
107  
00:04:02,900 --> 00:04:04,820  
如果伤寒论的方不能加减  
  
108  
00:04:05,140 --> 00:04:07,500  
张仲景自己就没有桂枝去芍药汤  
  
109  
00:04:07,500 --> 00:04:08,380  
桂枝加附子汤  
  
110  
00:04:08,380 --> 00:04:09,460  
桂枝加厚朴杏仁汤  
  
111  
00:04:09,700 --> 00:04:12,350  
小青龙汤等等，就没有这些方了  
  
112  
00:04:12,950 --> 00:04:14,230  
那么说明还是能加减  
  
113  
00:04:14,590 --> 00:04:18,390  
但是不是按照我们的这个层面的思维意识来加减啊  
  
114  
00:04:18,750 --> 00:04:19,709  
加减更难啊  
  
115  
00:04:20,029 --> 00:04:21,110  
而且我跟大家讲过  
  
116  
00:04:21,390 --> 00:04:22,190  
先做减法  
  
117  
00:04:22,190 --> 00:04:23,350  
后做加法，是不是  
  
118  
00:04:23,790 --> 00:04:23,990  
哎  
  
119  
00:04:24,070 --> 00:04:26,230  
那不能上来之后就就先是加法  
  
120  
00:04:28,100 --> 00:04:30,460  
呃，那么这个  
  
121  
00:04:33,100 --> 00:04:34,780  
后面啊第26条  
  
122  
00:04:37,940 --> 00:04:38,220  
嗯  
  
123  
00:04:40,660 --> 00:04:43,860  
水治未病，其脉沉小这个条文啊  
  
124  
00:04:43,860 --> 00:04:46,260  
多少还真有一点点难点啊  
  
125  
00:04:46,980 --> 00:04:48,060  
为什么这么说呢  
  
126  
00:04:51,100 --> 00:04:52,100  
他给你讲啊  
  
127  
00:04:53,110 --> 00:04:55,110  
水之为病，其脉沉小属少阴  
  
128  
00:04:55,670 --> 00:04:58,310  
那么这个条文是没问题的  
  
129  
00:04:58,390 --> 00:05:00,240  
那么我们说，呃  
  
130  
00:05:00,880 --> 00:05:02,400  
水本身在麦中  
  
131  
00:05:03,080 --> 00:05:04,920  
春弦夏洪秋毛冬时  
  
132  
00:05:05,640 --> 00:05:08,000  
它本身就合于冬气  
  
133  
00:05:08,860 --> 00:05:11,980  
冬气就是食食，就是什么食者辰也是不是啊  
  
134  
00:05:12,420 --> 00:05:13,340  
就这么个道理  
  
135  
00:05:13,890 --> 00:05:14,850  
那么属谁呢  
  
136  
00:05:14,850 --> 00:05:15,370  
属少阴  
  
137  
00:05:15,450 --> 00:05:16,770  
那么这个哨音大家一看  
  
138  
00:05:16,930 --> 00:05:20,810  
他显然说的就是更偏向于足少阴啊  
  
139  
00:05:20,810 --> 00:05:21,850  
偏向于这个  
  
140  
00:05:24,400 --> 00:05:24,720  
嗯  
  
141  
00:05:26,520 --> 00:05:28,080  
伏者呢，为风  
  
142  
00:05:28,980 --> 00:05:32,380  
当然我们通常解释呢，风就是为表邪嘛  
  
143  
00:05:33,260 --> 00:05:34,180  
呃，无水  
  
144  
00:05:34,580 --> 00:05:36,940  
虚胀者为气  
  
145  
00:05:38,660 --> 00:05:41,700  
呃，在这断句是这么断的啊  
  
146  
00:05:42,220 --> 00:05:44,540  
虚胀者为气断，对吧  
  
147  
00:05:45,340 --> 00:05:49,300  
水断发其汗即乙，就是讲的什么概念呢  
  
148  
00:05:51,620 --> 00:05:54,660  
脉浮是风，没有水虚胀  
  
149  
00:05:55,180 --> 00:05:56,180  
那么为啥还难受  
  
150  
00:05:56,220 --> 00:05:57,260  
因为有气滞  
  
151  
00:05:58,340 --> 00:05:58,780  
对不对  
  
152  
00:05:59,340 --> 00:06:01,740  
哎，然后说有水这种啊  
  
153  
00:06:03,170 --> 00:06:03,570  
怎么办  
  
154  
00:06:04,930 --> 00:06:06,090  
发齐汉记忆  
  
155  
00:06:07,320 --> 00:06:08,440  
嗯是吧  
  
156  
00:06:08,920 --> 00:06:09,080  
哎  
  
157  
00:06:09,080 --> 00:06:11,640  
有水这种发气焊剂，那么怎么发汗  
  
158  
00:06:13,230 --> 00:06:14,310  
只告诉你两张方  
  
159  
00:06:15,190 --> 00:06:16,960  
呃，卖陈的  
  
160  
00:06:17,120 --> 00:06:19,480  
咱们刚才讲那个卖陈晓属少阴的  
  
161  
00:06:19,480 --> 00:06:21,960  
是不是一个属少阴一个麦浮吗  
  
162  
00:06:22,480 --> 00:06:24,800  
卖陈晓属少阴的用谁呢  
  
163  
00:06:25,620 --> 00:06:30,330  
呃，麻黄附子汤卖浮的用杏子汤啊  
  
164  
00:06:30,330 --> 00:06:33,370  
杏子汤就是就是就是就是，就是什么汤呢  
  
165  
00:06:33,610 --> 00:06:34,450  
这块有争议  
  
166  
00:06:35,010 --> 00:06:37,420  
呃，根据金匮原文  
  
167  
00:06:37,900 --> 00:06:42,190  
小注后头说，那个那个杏子汤调下  
  
168  
00:06:42,470 --> 00:06:45,390  
有句话叫未见，是不是就方没了  
  
169  
00:06:45,990 --> 00:06:46,870  
没了之后呢  
  
170  
00:06:47,490 --> 00:06:48,410  
孔是谁呢  
  
171  
00:06:49,050 --> 00:06:51,970  
麻黄杏仁甘草石膏汤啊  
  
172  
00:06:52,010 --> 00:06:53,570  
认为有可能是麻杏甘石  
  
173  
00:06:54,700 --> 00:06:55,740  
呃，是不是呢  
  
174  
00:06:55,740 --> 00:06:58,460  
那么张老师我呀，本人其实玩心就特别大  
  
175  
00:06:58,460 --> 00:07:01,020  
我也是经常好质疑和好奇的  
  
176  
00:07:01,560 --> 00:07:05,520  
我真的是翻了外台千金等等六朝古方啊  
  
177  
00:07:05,560 --> 00:07:08,640  
那么我认为哎，那其中肯定能找着点线索吗  
  
178  
00:07:08,920 --> 00:07:11,320  
没准有一个古方叫杏子汤然后丢了呢  
  
179  
00:07:11,850 --> 00:07:14,690  
很遗憾有杏子汤，但跟他都不搭嘎  
  
180  
00:07:15,510 --> 00:07:17,270  
没有一点关系  
  
181  
00:07:17,270 --> 00:07:18,670  
关联不上啊  
  
182  
00:07:18,670 --> 00:07:19,870  
你有的，打个比方  
  
183  
00:07:19,870 --> 00:07:21,430  
治妇科的或者是治什么的  
  
184  
00:07:21,590 --> 00:07:23,660  
你回头你看都合不上  
  
185  
00:07:23,660 --> 00:07:24,780  
你就不能硬核了吧  
  
186  
00:07:25,150 --> 00:07:27,550  
那么所以古人我就说一个问题  
  
187  
00:07:27,910 --> 00:07:29,350  
咱们想过的问题啊  
  
188  
00:07:29,390 --> 00:07:30,510  
咱们有过的困惑  
  
189  
00:07:30,510 --> 00:07:33,180  
其实古人有的时候都有过，实话实说啊  
  
190  
00:07:33,180 --> 00:07:34,820  
古人肯定也翻过这个缝  
  
191  
00:07:35,030 --> 00:07:37,190  
最后发现没有，他没招了  
  
192  
00:07:37,190 --> 00:07:39,750  
最后他才写一句话说未见对不对  
  
193  
00:07:40,030 --> 00:07:41,310  
恐怕就是麻杏甘石  
  
194  
00:07:41,510 --> 00:07:43,110  
所以这里头产生了争议啊  
  
195  
00:07:43,500 --> 00:07:46,940  
那么首先第一派人认为是麻性甘石的啊  
  
196  
00:07:48,100 --> 00:07:49,290  
比如，呃  
  
197  
00:07:49,570 --> 00:07:51,450  
我翻阅了十几家的书著啊  
  
198  
00:07:51,450 --> 00:07:53,770  
这个你们不用你，你想翻也行啊  
  
199  
00:07:53,770 --> 00:07:55,640  
但是我帮你翻完了，呃  
  
200  
00:07:55,840 --> 00:07:57,240  
发完之后最后得出一个结论  
  
201  
00:07:57,360 --> 00:07:58,600  
当然这个见仁见智啊  
  
202  
00:07:59,360 --> 00:08:03,520  
历史上对这个我个人认为啊，呃  
  
203  
00:08:04,080 --> 00:08:05,120  
论述最精道  
  
204  
00:08:05,240 --> 00:08:07,600  
手眼最高的当推  
  
205  
00:08:09,330 --> 00:08:11,410  
明清医家俞家严先生  
  
206  
00:08:12,570 --> 00:08:15,570  
哎你你你看看他的论述，于公  
  
207  
00:08:15,770 --> 00:08:17,050  
他的论述最精  
  
208  
00:08:17,950 --> 00:08:18,830  
他认为什么呢  
  
209  
00:08:18,830 --> 00:08:19,830  
我给你说说啊  
  
210  
00:08:21,080 --> 00:08:23,960  
他认为当然这是经过我提炼完的了啊  
  
211  
00:08:24,960 --> 00:08:28,980  
他认为少阴正水，卖字陈晓  
  
212  
00:08:29,100 --> 00:08:30,260  
你，当然你可以记上啊  
  
213  
00:08:30,860 --> 00:08:31,220  
你可以  
  
214  
00:08:31,220 --> 00:08:32,340  
你可以像我这样啊  
  
215  
00:08:32,460 --> 00:08:33,700  
给他画一个板书  
  
216  
00:08:35,700 --> 00:08:36,860  
是哎  
  
217  
00:08:36,860 --> 00:08:39,780  
这思路就非常的清晰了，理顺了  
  
218  
00:08:40,409 --> 00:08:43,289  
那么我为啥好这么这么理这个事啊  
  
219  
00:08:43,570 --> 00:08:44,169  
很有意思  
  
220  
00:08:44,730 --> 00:08:47,010  
我发现一个问题，那么  
  
221  
00:08:49,020 --> 00:08:53,340  
由于当时的历史条件没有大数据  
  
222  
00:08:53,340 --> 00:08:56,600  
是不是那么所以那么古人看书又很难  
  
223  
00:08:57,080 --> 00:08:58,920  
可能有的古代很厉害的医家  
  
224  
00:08:59,520 --> 00:09:00,800  
某一个伤寒的书  
  
225  
00:09:00,800 --> 00:09:05,000  
可能他看过三本，那就算多的了  
  
226  
00:09:05,000 --> 00:09:06,840  
我打个比方，看过五本是不是  
  
227  
00:09:07,630 --> 00:09:09,590  
但是他比我们今天的人厉害  
  
228  
00:09:09,670 --> 00:09:10,150  
为什么  
  
229  
00:09:10,310 --> 00:09:11,630  
因为他看任何一本  
  
230  
00:09:12,010 --> 00:09:13,290  
他都把这本翻烂了  
  
231  
00:09:13,570 --> 00:09:14,530  
我们讲叫惊啊  
  
232  
00:09:15,010 --> 00:09:15,690  
怕这个啊  
  
233  
00:09:15,690 --> 00:09:16,170  
是不是啊  
  
234  
00:09:16,490 --> 00:09:18,090  
那我们今天人看的书多啊  
  
235  
00:09:18,130 --> 00:09:19,250  
动辄十本  
  
236  
00:09:19,580 --> 00:09:24,880  
包括你像我们这些搞专业伤寒研究教学的人  
  
237  
00:09:25,600 --> 00:09:28,280  
那我不客气地讲，我看过都有30本  
  
238  
00:09:29,620 --> 00:09:30,700  
那太平常了  
  
239  
00:09:30,700 --> 00:09:33,170  
对我们来说，那30不起是吧  
  
240  
00:09:33,530 --> 00:09:34,490  
那个那个伤寒处处  
  
241  
00:09:34,490 --> 00:09:36,730  
当然我指的不是不包括现代的啊  
  
242  
00:09:36,850 --> 00:09:40,130  
我指的这个都是清代以前的，民国的都不算啊  
  
243  
00:09:40,440 --> 00:09:42,080  
民国的时候质量就不太高了  
  
244  
00:09:42,520 --> 00:09:45,290  
那么清以前的我30本都得多  
  
245  
00:09:45,290 --> 00:09:46,610  
我说的是保守数字啊  
  
246  
00:09:47,050 --> 00:09:48,500  
所以有的时候，呃  
  
247  
00:09:48,540 --> 00:09:49,700  
谁跟我聊这些事  
  
248  
00:09:49,700 --> 00:09:50,460  
我一笑啊  
  
249  
00:09:50,820 --> 00:09:52,380  
我说有的时候你这个是爱好  
  
250  
00:09:52,380 --> 00:09:53,300  
我这个是专业  
  
251  
00:09:53,300 --> 00:09:54,980  
我跟你讲不是也不能那么说  
  
252  
00:09:54,980 --> 00:09:56,620  
就是我靠这个东西吃饭的啊  
  
253  
00:09:56,880 --> 00:10:00,280  
高中吃饭饭碗啊，那个兴趣和饭碗的关系  
  
254  
00:10:00,760 --> 00:10:01,040  
呃  
  
255  
00:10:01,430 --> 00:10:04,990  
所以这块我给你的东西就是直接成品啊，成品  
  
256  
00:10:05,430 --> 00:10:07,950  
那么于佳言先生啊他他这么讲  
  
257  
00:10:07,990 --> 00:10:09,310  
我给你总结了一下啊  
  
258  
00:10:13,520 --> 00:10:14,960  
它是用一个对举的方式  
  
259  
00:10:15,600 --> 00:10:16,120  
第一  
  
260  
00:10:18,620 --> 00:10:22,540  
少阴正水是不是麦自沉小  
  
261  
00:10:25,880 --> 00:10:29,600  
这个是前头卖陈那个啊  
  
262  
00:10:30,240 --> 00:10:31,240  
愚公又说了  
  
263  
00:10:32,690 --> 00:10:36,650  
还有一种脉见浮者  
  
264  
00:10:42,240 --> 00:10:42,840  
叫什么呢  
  
265  
00:10:43,960 --> 00:10:46,120  
风发于外  
  
266  
00:10:48,080 --> 00:10:48,760  
很清晰吧  
  
267  
00:10:49,680 --> 00:10:49,880  
哎  
  
268  
00:10:50,000 --> 00:10:51,600  
那么一个是里，一个是在外  
  
269  
00:10:52,200 --> 00:10:55,510  
那么呃，但是愚公呢  
  
270  
00:10:55,870 --> 00:10:56,910  
又说了一个问题  
  
271  
00:10:57,430 --> 00:10:58,470  
说二者呀  
  
272  
00:11:01,840 --> 00:11:02,520  
接什么呢  
  
273  
00:11:04,040 --> 00:11:04,840  
访伤寒  
  
274  
00:11:09,980 --> 00:11:11,460  
哎，这个问题来了  
  
275  
00:11:11,940 --> 00:11:15,980  
那么他是金匮，用官窍不走伤寒气脉是不是啊  
  
276  
00:11:16,340 --> 00:11:20,710  
但是他可以仿伤寒的潜力，怎么仿呢  
  
277  
00:11:21,510 --> 00:11:27,160  
那么上一个仿就是卖陈晓那个仿少阴历  
  
278  
00:11:29,820 --> 00:11:31,740  
那么卖浮的呢  
  
279  
00:11:31,900 --> 00:11:34,180  
仿太阳历，这大家明白了吧  
  
280  
00:11:34,740 --> 00:11:36,540  
利就是凡力的力啊  
  
281  
00:11:37,340 --> 00:11:39,300  
放太阳里怎么样呢  
  
282  
00:11:40,540 --> 00:11:41,820  
愚公又说了一句话啊  
  
283  
00:11:42,180 --> 00:11:43,460  
那你回去自己翻翻他书  
  
284  
00:11:43,460 --> 00:11:45,260  
这个我不上黑板了啊  
  
285  
00:11:45,260 --> 00:11:45,940  
字太多了  
  
286  
00:11:46,580 --> 00:11:47,980  
那么仿少阴历  
  
287  
00:11:48,450 --> 00:11:52,150  
就荡动其水以救甚荡动  
  
288  
00:11:52,230 --> 00:11:52,550  
对吧  
  
289  
00:11:52,830 --> 00:11:55,630  
那么鼓荡鼓动，荡动其水  
  
290  
00:11:56,190 --> 00:11:58,510  
目的不是荡动其水，而是为了救肾  
  
291  
00:11:59,590 --> 00:11:59,910  
啊  
  
292  
00:12:01,180 --> 00:12:01,820  
咱们讲啊  
  
293  
00:12:02,420 --> 00:12:06,220  
那么那么水气太太太过，对吧  
  
294  
00:12:06,460 --> 00:12:10,020  
那么肾中之阳不足以运化这个有余之水气  
  
295  
00:12:10,740 --> 00:12:15,050  
则肾阳，恐有息止之之涣啊  
  
296  
00:12:15,090 --> 00:12:17,730  
那么则荡动其水气以发月其肾阳  
  
297  
00:12:18,250 --> 00:12:19,530  
那么仿太阳历呢  
  
298  
00:12:19,530 --> 00:12:20,290  
就干什么呢  
  
299  
00:12:20,750 --> 00:12:23,910  
发散其邪以救肺，那什么意思  
  
300  
00:12:23,950 --> 00:12:25,710  
那既然脉浮有风  
  
301  
00:12:26,180 --> 00:12:30,220  
那么我就要发散他的这个这个风风阳之邪啊  
  
302  
00:12:30,540 --> 00:12:32,260  
那么以旧肺肺为娇脏  
  
303  
00:12:32,300 --> 00:12:33,780  
最怕有余热是不是啊  
  
304  
00:12:34,060 --> 00:12:36,220  
所以用的什么方用麻杏甘石  
  
305  
00:12:36,820 --> 00:12:40,340  
那么前者就是用用这个麻黄附子  
  
306  
00:12:40,820 --> 00:12:43,820  
那么咱们说这个所说呀  
  
307  
00:12:44,340 --> 00:12:46,300  
呃，麻黄附子汤其实是啥  
  
308  
00:12:47,320 --> 00:12:48,840  
咱们大家一看就清楚了  
  
309  
00:12:49,360 --> 00:12:52,320  
其实就是伤寒论的麻黄附子甘草汤  
  
310  
00:12:52,700 --> 00:12:54,060  
这个大家熟了吧  
  
311  
00:12:54,620 --> 00:12:59,430  
那么我们说麻黄附子甘草汤出于论少阴篇  
  
312  
00:12:59,950 --> 00:13:02,750  
所谓少阴病始得之反发，而脉沉者  
  
313  
00:13:03,150 --> 00:13:06,770  
麻黄附子细辛汤主治23日以上  
  
314  
00:13:07,830 --> 00:13:08,470  
对吧  
  
315  
00:13:09,070 --> 00:13:09,270  
哎  
  
316  
00:13:09,670 --> 00:13:11,950  
这个告诉你叫无症啊  
  
317  
00:13:12,030 --> 00:13:14,710  
麻黄附子甘草汤，是不是  
  
318  
00:13:14,990 --> 00:13:18,940  
那么呃，其实这个在临证上非常好区别  
  
319  
00:13:18,940 --> 00:13:20,740  
我讲伤寒的时候给大家都说过  
  
320  
00:13:21,100 --> 00:13:22,980  
那麻黄附子细辛汤一般是发热的  
  
321  
00:13:23,780 --> 00:13:25,660  
或者有炎症，有感染是不是  
  
322  
00:13:26,020 --> 00:13:26,220  
哎  
  
323  
00:13:26,220 --> 00:13:27,580  
发烧，呃  
  
324  
00:13:27,660 --> 00:13:30,380  
但是麻黄附子甘草汤到这个阶段，一般啊  
  
325  
00:13:30,660 --> 00:13:32,180  
它发热就已经没有了  
  
326  
00:13:32,690 --> 00:13:32,890  
呃  
  
327  
00:13:33,090 --> 00:13:35,050  
换句话说就变成一个慢性问题了  
  
328  
00:13:35,250 --> 00:13:38,090  
那么你说这个水它是急性的还是慢性的  
  
329  
00:13:38,530 --> 00:13:39,570  
他肯定是慢性的  
  
330  
00:13:39,650 --> 00:13:42,370  
那么用附子开其在表之悬浮  
  
331  
00:13:43,530 --> 00:13:44,810  
呃，用甘草呢  
  
332  
00:13:45,130 --> 00:13:49,550  
以和中附子干什么以补其少阴  
  
333  
00:13:49,670 --> 00:13:51,630  
那我们既然讲叫防少阴利  
  
334  
00:13:51,630 --> 00:13:56,690  
是不是补气补少阴透太阳就干这个事儿少阳啊  
  
335  
00:13:56,690 --> 00:13:59,170  
不是那个那个少阴和太阳相表里吗  
  
336  
00:13:59,670 --> 00:14:03,230  
把少阴补充盛了，太阳就容易打开了啊  
  
337  
00:14:03,230 --> 00:14:06,350  
他无非是无非是这么一个问题，呃  
  
338  
00:14:07,950 --> 00:14:09,310  
那么服者啊  
  
339  
00:14:10,030 --> 00:14:14,270  
麻杏甘石，那么他是取一个什么益呢  
  
340  
00:14:14,820 --> 00:14:15,020  
呃  
  
341  
00:14:15,220 --> 00:14:17,700  
那么浮为在表，表就容易阳虚  
  
342  
00:14:17,740 --> 00:14:20,060  
阳虚之后就容易有肺热之用  
  
343  
00:14:20,060 --> 00:14:21,700  
盛嘛，防止邪热用肺  
  
344  
00:14:21,940 --> 00:14:23,180  
因此用麻性肝湿  
  
345  
00:14:23,660 --> 00:14:23,860  
呃  
  
346  
00:14:24,140 --> 00:14:28,710  
而且于先生啊，愚公又给他做了一个断语  
  
347  
00:14:29,270 --> 00:14:31,750  
此治金水二藏之大法也  
  
348  
00:14:33,010 --> 00:14:36,050  
这个是治什么金水二脏  
  
349  
00:14:36,130 --> 00:14:37,640  
金为肺水  
  
350  
00:14:37,640 --> 00:14:42,600  
为什么肾二脏脏腑的脏之大法也  
  
351  
00:14:42,760 --> 00:14:46,530  
这是加盐先生啊，他他最后那个断的  
  
352  
00:14:46,970 --> 00:14:48,170  
呃，所以这个呢  
  
353  
00:14:48,170 --> 00:14:52,810  
有的时候钱老说的这句话我一直记着  
  
354  
00:14:53,210 --> 00:14:54,610  
未免俗如须读史  
  
355  
00:14:55,130 --> 00:14:59,600  
那么搞这个伤寒论的临政和学术的研究  
  
356  
00:14:59,960 --> 00:15:02,160  
有的时候你还真得读大量的文献  
  
357  
00:15:02,470 --> 00:15:03,590  
那么读文献之后呢  
  
358  
00:15:03,590 --> 00:15:05,270  
你要说清谁是源头  
  
359  
00:15:05,590 --> 00:15:06,430  
那么后市啊  
  
360  
00:15:06,430 --> 00:15:07,430  
我又发现一个问题  
  
361  
00:15:07,920 --> 00:15:08,280  
呃  
  
362  
00:15:08,680 --> 00:15:12,240  
我用一个现代人比较容易接受和理解的方式给你  
  
363  
00:15:12,480 --> 00:15:14,320  
给你们大家讲一个事实  
  
364  
00:15:15,110 --> 00:15:17,310  
历代伤寒注家汗牛充栋  
  
365  
00:15:17,790 --> 00:15:19,070  
我给大家说过这个问题吧  
  
366  
00:15:19,390 --> 00:15:23,270  
那么古今截止就是那个建国以前统计  
  
367  
00:15:23,710 --> 00:15:26,110  
古今伤寒注家有1600多家  
  
368  
00:15:27,030 --> 00:15:27,350  
对吧  
  
369  
00:15:27,390 --> 00:15:29,350  
其中朝韩有400家  
  
370  
00:15:29,950 --> 00:15:33,270  
是不是那么在这么多的商人住家之中  
  
371  
00:15:33,840 --> 00:15:37,000  
根据我个人的，当然我看书有限啊  
  
372  
00:15:37,390 --> 00:15:39,590  
只是根据我个人的目力所及  
  
373  
00:15:39,990 --> 00:15:44,590  
我发现于佳言先生是被转发和引用最多的  
  
374  
00:15:45,330 --> 00:15:46,650  
大家明白啥意思了没有  
  
375  
00:15:46,890 --> 00:15:49,530  
就是他的论述经常被转帖  
  
376  
00:15:50,130 --> 00:15:52,340  
但是没有标明出处啊  
  
377  
00:15:52,380 --> 00:15:53,300  
所以有的时候呢  
  
378  
00:15:53,300 --> 00:15:54,940  
我以前对于先生呢  
  
379  
00:15:55,340 --> 00:15:58,100  
还没有那么充分的认知啊  
  
380  
00:15:58,100 --> 00:15:59,180  
包括很多东西  
  
381  
00:15:59,460 --> 00:15:59,740  
呃  
  
382  
00:16:00,210 --> 00:16:04,570  
在伤寒方面吧，这个这个并没有那么深刻的体会  
  
383  
00:16:04,880 --> 00:16:05,840  
但直到后来呢  
  
384  
00:16:05,840 --> 00:16:09,200  
工作原因，那大量的要翻阅这个这个文献  
  
385  
00:16:09,280 --> 00:16:09,640  
对吧  
  
386  
00:16:09,880 --> 00:16:10,640  
那么后来发现  
  
387  
00:16:10,640 --> 00:16:12,220  
诶，这怎么说都一样啊  
  
388  
00:16:12,220 --> 00:16:15,100  
最后你顺着一条线往一条绳往上捋  
  
389  
00:16:15,730 --> 00:16:17,930  
最后总能捋到余佳闫先生啊  
  
390  
00:16:17,930 --> 00:16:20,090  
所以这个是是是是非常有意思的啊  
  
391  
00:16:20,570 --> 00:16:22,610  
呃，可以被我们所重视  
  
392  
00:16:22,610 --> 00:16:24,970  
那为啥大家转帖转他的呢  
  
393  
00:16:26,140 --> 00:16:27,660  
那你可以理解为  
  
394  
00:16:27,860 --> 00:16:31,650  
当然按我们现在来说啊你你要转帖是谁的论文  
  
395  
00:16:31,650 --> 00:16:32,490  
转完之后你  
  
396  
00:16:32,490 --> 00:16:36,650  
你你没说是转发这玩意现在叫学术不端是不是  
  
397  
00:16:36,810 --> 00:16:39,320  
但对古人我们不能那么看啊  
  
398  
00:16:39,640 --> 00:16:40,680  
古人写书啊  
  
399  
00:16:40,680 --> 00:16:43,600  
本身他很多时候也是为了济世救人嘛  
  
400  
00:16:43,880 --> 00:16:45,080  
但是他想转你  
  
401  
00:16:45,080 --> 00:16:48,340  
比如说我转了你的，你又转了他的  
  
402  
00:16:48,700 --> 00:16:50,460  
那我看见我就没看见是他的  
  
403  
00:16:50,460 --> 00:16:51,900  
我也不知道你从他那转过来的  
  
404  
00:16:51,900 --> 00:16:54,340  
我就觉得你这说的挺好，我就拿过来了  
  
405  
00:16:54,890 --> 00:16:57,730  
那么我们不能用现代人标准去衡量古人  
  
406  
00:16:57,970 --> 00:16:59,730  
但是我们可以这样理解  
  
407  
00:17:00,010 --> 00:17:02,370  
那么古人专门转帖都转你的  
  
408  
00:17:02,820 --> 00:17:05,099  
是否也是对你学术的一种认同呢  
  
409  
00:17:05,940 --> 00:17:06,260  
对吧  
  
410  
00:17:06,260 --> 00:17:08,770  
他觉得你这东西讲得好，然后我才转  
  
411  
00:17:09,089 --> 00:17:10,250  
我不可能转一个我  
  
412  
00:17:10,250 --> 00:17:11,569  
我一看我说这写的什么玩意  
  
413  
00:17:11,569 --> 00:17:13,369  
儿转一下吧是吧  
  
414  
00:17:13,490 --> 00:17:15,530  
那这种情况不可能啊  
  
415  
00:17:16,210 --> 00:17:18,650  
那么但是出现也出现一个问题啊  
  
416  
00:17:18,650 --> 00:17:23,589  
我们说呃，这个条文的逻辑性啊  
  
417  
00:17:23,589 --> 00:17:25,190  
由于他没有那么强  
  
418  
00:17:25,740 --> 00:17:28,099  
原文自己没说，前头说少阴  
  
419  
00:17:28,099 --> 00:17:29,220  
后头没说太阳对吧  
  
420  
00:17:29,500 --> 00:17:32,300  
所以在这留下了一个一个问题啊  
  
421  
00:17:32,300 --> 00:17:36,400  
就是古人也有认为包括杏子汤没有出处  
  
422  
00:17:36,830 --> 00:17:37,310  
对不对啊  
  
423  
00:17:37,310 --> 00:17:37,990  
就是查不着  
  
424  
00:17:38,470 --> 00:17:42,870  
因此留下了未免留下了一些团团的迷雾  
  
425  
00:17:43,580 --> 00:17:43,780  
哎  
  
426  
00:17:43,900 --> 00:17:44,660  
所以我呢  
  
427  
00:17:44,660 --> 00:17:46,980  
那个时候半开玩笑的跟大家说过一个问题  
  
428  
00:17:47,260 --> 00:17:49,540  
我说，对于历史上伤寒金匮著述  
  
429  
00:17:49,620 --> 00:17:50,500  
所有的迷雾  
  
430  
00:17:50,860 --> 00:17:55,840  
只有两部神书能扫荡一切一切谜案  
  
431  
00:17:55,840 --> 00:17:56,080  
唉  
  
432  
00:17:56,080 --> 00:17:57,560  
我一说，同学们就笑了  
  
433  
00:17:57,880 --> 00:17:59,720  
想起来了，哪两部神书呢  
  
434  
00:18:00,900 --> 00:18:01,220  
对吧  
  
435  
00:18:01,540 --> 00:18:04,610  
那第一步在这呢，我我就先不说了  
  
436  
00:18:04,610 --> 00:18:05,730  
容我保留一下，行吗  
  
437  
00:18:06,090 --> 00:18:08,210  
那么以免那个引起一些争议啊  
  
438  
00:18:08,610 --> 00:18:10,050  
那么第二部神书呢  
  
439  
00:18:10,530 --> 00:18:12,290  
就是桂林古本伤寒论  
  
440  
00:18:13,290 --> 00:18:13,610  
哎  
  
441  
00:18:14,050 --> 00:18:14,450  
当然了  
  
442  
00:18:14,450 --> 00:18:16,410  
这两部神书其实离你们都不远啊  
  
443  
00:18:16,770 --> 00:18:18,130  
尤其第一部离我们更近  
  
444  
00:18:19,090 --> 00:18:19,810  
每天都用  
  
445  
00:18:23,380 --> 00:18:24,580  
对，就不卖关子了  
  
446  
00:18:24,580 --> 00:18:25,900  
第一步就是我们教材  
  
447  
00:18:27,200 --> 00:18:27,400  
哎  
  
448  
00:18:27,400 --> 00:18:29,200  
人民卫生出版社，哎  
  
449  
00:18:29,200 --> 00:18:30,240  
中国中药出版社吧  
  
450  
00:18:30,240 --> 00:18:33,910  
现在是扫荡所有的死点  
  
451  
00:18:35,430 --> 00:18:35,630  
哎  
  
452  
00:18:35,710 --> 00:18:37,140  
就是，呃  
  
453  
00:18:37,340 --> 00:18:39,540  
但是教材有他的高屋建领的地方啊  
  
454  
00:18:39,580 --> 00:18:41,020  
有他高屋建领的地方  
  
455  
00:18:41,370 --> 00:18:43,730  
呃，他也教材东西不是原创的  
  
456  
00:18:44,090 --> 00:18:47,610  
它源自于明清两代一家的不断的著述  
  
457  
00:18:47,610 --> 00:18:49,170  
在里头提炼啊  
  
458  
00:18:49,600 --> 00:18:49,800  
呃  
  
459  
00:18:49,960 --> 00:18:50,840  
东西是好东西  
  
460  
00:18:50,840 --> 00:18:53,150  
你能能不能拿走是另一回事  
  
461  
00:18:53,150 --> 00:18:54,590  
但不代表他没有错误啊  
  
462  
00:18:54,590 --> 00:18:56,510  
这个我并不是说替教材  
  
463  
00:18:56,630 --> 00:18:58,070  
咱们说说教材就没错  
  
464  
00:18:58,070 --> 00:18:59,970  
那不是那样的啊，呃  
  
465  
00:19:00,170 --> 00:19:02,450  
那如果真是那样，我们就不用看住家了是吧  
  
466  
00:19:02,450 --> 00:19:03,690  
直接看教材就完了  
  
467  
00:19:04,300 --> 00:19:06,860  
呃，源头活水还是在历代著述里面啊  
  
468  
00:19:07,820 --> 00:19:08,820  
在经典，在临床  
  
469  
00:19:09,260 --> 00:19:12,840  
那么桂林古本伤寒论对于这条的论述啊  
  
470  
00:19:13,000 --> 00:19:15,760  
它别有洞天啊  
  
471  
00:19:17,080 --> 00:19:18,240  
在这里他怎么说呢  
  
472  
00:19:18,400 --> 00:19:19,600  
我给你们叨咕叨咕吧  
  
473  
00:19:19,600 --> 00:19:21,120  
你们回去可以自己看一看啊  
  
474  
00:19:21,840 --> 00:19:22,440  
讲什么呢  
  
475  
00:19:23,680 --> 00:19:24,000  
呃  
  
476  
00:19:26,840 --> 00:19:28,440  
水气水之为病啊  
  
477  
00:19:29,640 --> 00:19:30,680  
所谓水之为病  
  
478  
00:19:31,600 --> 00:19:34,360  
其脉沉小者属少阴为食水  
  
479  
00:19:36,600 --> 00:19:37,320  
有意思了吧  
  
480  
00:19:37,680 --> 00:19:38,520  
咱们之前讲过  
  
481  
00:19:39,480 --> 00:19:41,080  
有有风水有皮水  
  
482  
00:19:41,080 --> 00:19:42,280  
有实水，有正水吧  
  
483  
00:19:42,720 --> 00:19:43,360  
是不是啊  
  
484  
00:19:44,150 --> 00:19:46,030  
辰池者属少阴，为正水  
  
485  
00:19:46,270 --> 00:19:47,950  
你看他首先给这个归类啊  
  
486  
00:19:47,950 --> 00:19:49,790  
他说他都是属于少阴  
  
487  
00:19:50,230 --> 00:19:51,870  
一个是实水，一个是正水  
  
488  
00:19:53,100 --> 00:19:53,460  
反之  
  
489  
00:19:55,300 --> 00:19:55,500  
呃  
  
490  
00:19:55,740 --> 00:19:58,580  
浮而恶风者为风水，属太阳  
  
491  
00:19:59,410 --> 00:20:01,170  
浮而不恶风者为脾水  
  
492  
00:20:01,170 --> 00:20:01,810  
属太阳，哎  
  
493  
00:20:01,810 --> 00:20:03,410  
太阳两种，少阴两种是不是  
  
494  
00:20:04,010 --> 00:20:04,250  
哎  
  
495  
00:20:04,610 --> 00:20:06,490  
那么这个如不如法呢  
  
496  
00:20:07,280 --> 00:20:09,280  
我认为儒法为什么  
  
497  
00:20:09,720 --> 00:20:12,880  
因为在金匮之中有一句话，风水其脉自浮  
  
498  
00:20:13,080 --> 00:20:15,200  
脾水其脉易浮，记不记得  
  
499  
00:20:15,660 --> 00:20:19,980  
那么正水其脉沉池实水其脉自沉还记得吗  
  
500  
00:20:20,420 --> 00:20:23,180  
那么这个是符合仲景先师经意的啊  
  
501  
00:20:23,720 --> 00:20:26,480  
那么再次回到桂林古本伤寒论成书话题  
  
502  
00:20:26,480 --> 00:20:29,880  
那么提到这就不得不再提一嘴这部书呢  
  
503  
00:20:29,880 --> 00:20:33,740  
我个人据我张张弛本人啊  
  
504  
00:20:33,740 --> 00:20:35,740  
在这是说话，是要负责任的啊  
  
505  
00:20:35,940 --> 00:20:38,500  
在这我提了我自己的名字啊  
  
506  
00:20:38,900 --> 00:20:40,060  
我是要负责任的  
  
507  
00:20:40,510 --> 00:20:43,070  
我本人这个到哪打官司我都敢跟你打  
  
508  
00:20:43,870 --> 00:20:46,310  
这部书一定不是仲景先师所作  
  
509  
00:20:47,030 --> 00:20:47,710  
一定不是  
  
510  
00:20:48,270 --> 00:20:49,750  
而且关于他的成熟  
  
511  
00:20:50,350 --> 00:20:52,710  
甚至是成书过程中的一些细节  
  
512  
00:20:53,480 --> 00:20:54,280  
我有幸啊  
  
513  
00:20:54,280 --> 00:20:56,960  
也见证了一些事，儿啊  
  
514  
00:20:56,960 --> 00:20:58,400  
当然不是我本人见证啊  
  
515  
00:20:58,720 --> 00:20:59,400  
是那个那个  
  
516  
00:20:59,400 --> 00:21:03,350  
因为人家这一派是尚有传人啊  
  
517  
00:21:03,350 --> 00:21:04,190  
就是还没断  
  
518  
00:21:04,430 --> 00:21:05,950  
这一脉上还没断  
  
519  
00:21:06,190 --> 00:21:07,550  
只是人家自己家呢  
  
520  
00:21:08,230 --> 00:21:09,550  
出于种种原因啊  
  
521  
00:21:10,320 --> 00:21:13,680  
这段往事是一个比较伤痛的事  
  
522  
00:21:13,680 --> 00:21:16,200  
人家不愿意讳莫如深，不愿意提  
  
523  
00:21:16,810 --> 00:21:20,130  
当年人家家族为了写这部书也付出了很大的代价  
  
524  
00:21:20,660 --> 00:21:22,420  
而且这个呢，我还要说一个问题  
  
525  
00:21:22,660 --> 00:21:25,500  
这部书不是一代人写成的  
  
526  
00:21:26,020 --> 00:21:26,740  
写了几代  
  
527  
00:21:27,580 --> 00:21:29,700  
呃，而且自古以来吧  
  
528  
00:21:29,780 --> 00:21:32,140  
我们讲叫圣人披褐而怀玉，对吧  
  
529  
00:21:32,140 --> 00:21:36,260  
完美的东西在这个世界里它是不可能成立的啊  
  
530  
00:21:36,580 --> 00:21:36,900  
对吧  
  
531  
00:21:36,940 --> 00:21:41,040  
因为这个我们讲，在这个世界里是不可能存在的  
  
532  
00:21:41,040 --> 00:21:42,040  
所以他一定有缺憾  
  
533  
00:21:42,480 --> 00:21:45,560  
缺憾就是这一代的祖师啊  
  
534  
00:21:46,320 --> 00:21:50,390  
绝对是南阳一脉嫡传啊  
  
535  
00:21:50,430 --> 00:21:51,390  
肯定是没错的  
  
536  
00:21:51,830 --> 00:21:56,550  
呃，而且成书的初衷齐心可叹啊  
  
537  
00:21:56,910 --> 00:21:58,910  
就考虑到仲景先师啊  
  
538  
00:21:58,910 --> 00:22:02,080  
当年的书残存不全对吧  
  
539  
00:22:02,480 --> 00:22:03,720  
其中错茧呢  
  
540  
00:22:03,960 --> 00:22:06,340  
包括鲁鱼亥合比比皆是  
  
541  
00:22:06,780 --> 00:22:09,660  
又由于仲景先师离世太早  
  
542  
00:22:10,010 --> 00:22:11,410  
我不总说一句气话吗  
  
543  
00:22:11,770 --> 00:22:14,090  
我说为什么有这么多争议，全赖张仲景  
  
544  
00:22:15,140 --> 00:22:15,500  
行吧  
  
545  
00:22:15,580 --> 00:22:18,100  
张仲景一个人背，就因为他走太早了  
  
546  
00:22:18,760 --> 00:22:19,960  
其实我这是骂人的话  
  
547  
00:22:19,960 --> 00:22:22,120  
你们可能都能听明白对吧  
  
548  
00:22:22,280 --> 00:22:24,400  
有些东西你自己分析不明白  
  
549  
00:22:24,680 --> 00:22:27,080  
你没事往人家老爷子身上扣什么  
  
550  
00:22:28,180 --> 00:22:28,540  
对吧  
  
551  
00:22:28,820 --> 00:22:31,660  
就就就就我说的够直白了吧  
  
552  
00:22:31,870 --> 00:22:34,310  
你非得把你的想法扣到老爷子身上  
  
553  
00:22:34,310 --> 00:22:35,310  
人家是那么想的吗  
  
554  
00:22:35,710 --> 00:22:36,830  
人家根本就不是啊  
  
555  
00:22:36,870 --> 00:22:38,830  
但是人家仲景先生走了，百口莫辩  
  
556  
00:22:39,070 --> 00:22:41,070  
你咋说咋是是吧  
  
557  
00:22:41,830 --> 00:22:42,030  
哎  
  
558  
00:22:42,110 --> 00:22:44,630  
甚至日本人还有一句言论啊  
  
559  
00:22:44,630 --> 00:22:46,230  
叫叫什么武道东义是吧  
  
560  
00:22:46,230 --> 00:22:47,990  
说我们的学术往东边走了  
  
561  
00:22:48,380 --> 00:22:50,260  
哎呀，仲景先是多亏他走了  
  
562  
00:22:50,260 --> 00:22:50,900  
他要没走  
  
563  
00:22:50,900 --> 00:22:53,110  
哎呀，都都气气出病来  
  
564  
00:22:53,110 --> 00:22:56,430  
我跟你讲，那我并不是否认别人啊  
  
565  
00:22:56,510 --> 00:23:01,330  
只是说你不要用你自己的世界观去要求别人啊  
  
566  
00:23:01,690 --> 00:23:03,490  
就就就那样是很不客观的  
  
567  
00:23:03,570 --> 00:23:06,330  
那包括你在看不懂人家的时候  
  
568  
00:23:06,490 --> 00:23:09,650  
那看不懂哪就改哪儿是不是啊  
  
569  
00:23:10,250 --> 00:23:11,610  
那那序言也看不懂  
  
570  
00:23:11,610 --> 00:23:13,010  
那说序言是伪造的  
  
571  
00:23:14,410 --> 00:23:15,370  
而且还找不出证据  
  
572  
00:23:15,570 --> 00:23:16,890  
你这样好吗  
  
573  
00:23:16,890 --> 00:23:19,770  
我们讲这个道理，那你就干脆你自己再写一本  
  
574  
00:23:20,280 --> 00:23:21,880  
然后你说全是伪造的是吧  
  
575  
00:23:21,880 --> 00:23:22,480  
那那更好  
  
576  
00:23:22,480 --> 00:23:23,600  
你自己能看懂乐呵  
  
577  
00:23:23,600 --> 00:23:25,280  
你乐呵就行呗是吧  
  
578  
00:23:25,280 --> 00:23:26,120  
你开心就好  
  
579  
00:23:27,370 --> 00:23:29,570  
所以在这我我我不争论这些事啊  
  
580  
00:23:29,770 --> 00:23:30,770  
我只是说这个道理  
  
581  
00:23:30,970 --> 00:23:32,690  
当年写桂林古本伤寒论  
  
582  
00:23:32,690 --> 00:23:36,480  
这个家族，这个老祖宗得的是仲景先师正法  
  
583  
00:23:36,480 --> 00:23:39,640  
这个我我我我我在这说一个问题啊，呃  
  
584  
00:23:39,840 --> 00:23:43,920  
而且呢呃，他的这一派的传承我还知道是从哪来的啊  
  
585  
00:23:44,400 --> 00:23:45,960  
呃，我就不透露了  
  
586  
00:23:45,960 --> 00:23:47,720  
人家自己家不想说这事啊  
  
587  
00:23:47,760 --> 00:23:48,600  
人家不愿意说  
  
588  
00:23:48,960 --> 00:23:50,340  
第二，诶  
  
589  
00:23:50,580 --> 00:23:51,740  
你要有人叫板好  
  
590  
00:23:51,740 --> 00:23:55,540  
我还告诉你，这本书的原原著今天还在  
  
591  
00:23:56,480 --> 00:23:58,160  
不怕你跟打官司啊  
  
592  
00:23:58,660 --> 00:24:01,020  
逼急眼了，我们把原著拿出来给你看看啊  
  
593  
00:24:01,340 --> 00:24:04,420  
原著还在呢啊，那个那个保留下来了  
  
594  
00:24:04,540 --> 00:24:06,360  
虽然很很艰难啊  
  
595  
00:24:06,480 --> 00:24:08,320  
但是保留下来了，呃  
  
596  
00:24:08,640 --> 00:24:09,480  
有些东西啊  
  
597  
00:24:09,520 --> 00:24:11,080  
它不漏出来不代表没有  
  
598  
00:24:11,640 --> 00:24:15,480  
只是没到时候或者说不用不用这样啊，那呃  
  
599  
00:24:16,040 --> 00:24:18,040  
但是你要真是有一天邪说横行  
  
600  
00:24:18,670 --> 00:24:21,910  
那不好意思，这些真东西有可能还真就出来了啊  
  
601  
00:24:21,950 --> 00:24:23,970  
给你看看，照照镜对吧  
  
602  
00:24:24,010 --> 00:24:27,010  
照一照让你看看哪个东西是本源的东西啊  
  
603  
00:24:27,250 --> 00:24:27,930  
讲这个事  
  
604  
00:24:28,330 --> 00:24:31,700  
那么这是第二点，第三点啊  
  
605  
00:24:32,090 --> 00:24:35,010  
这部书还是我刚才说的山壁有缺是吧  
  
606  
00:24:35,290 --> 00:24:37,050  
哎，大成若缺则其用不弊  
  
607  
00:24:37,330 --> 00:24:39,450  
这本书成书之后，由于太过完美  
  
608  
00:24:40,670 --> 00:24:42,350  
你就记住天道度全啊  
  
609  
00:24:43,070 --> 00:24:45,670  
那么他就一定这本书就得被毁了  
  
610  
00:24:45,670 --> 00:24:48,550  
就像华佗当年画画原画祖师的一书  
  
611  
00:24:48,830 --> 00:24:50,670  
他一定得出事，哎  
  
612  
00:24:50,670 --> 00:24:52,590  
所以仲景先师的书为啥留下来了  
  
613  
00:24:52,910 --> 00:24:53,910  
因为他散译了  
  
614  
00:24:55,390 --> 00:24:56,030  
曲则全  
  
615  
00:24:56,070 --> 00:24:56,670  
枉则直  
  
616  
00:24:56,750 --> 00:24:57,310  
洼则盈  
  
617  
00:24:57,310 --> 00:24:57,870  
敝则新  
  
618  
00:24:57,950 --> 00:24:59,310  
少则得多则惑  
  
619  
00:24:59,990 --> 00:25:00,830  
你细想啊  
  
620  
00:25:01,190 --> 00:25:02,230  
天道如此啊  
  
621  
00:25:02,750 --> 00:25:03,910  
大自然的运行规律  
  
622  
00:25:03,910 --> 00:25:06,270  
宇宙的规律就是这样的，哎  
  
623  
00:25:08,140 --> 00:25:09,340  
这个娑婆世界啊  
  
624  
00:25:09,460 --> 00:25:10,460  
它就是这样的  
  
625  
00:25:10,460 --> 00:25:12,580  
他就必须得这么运转，是不是啊  
  
626  
00:25:12,940 --> 00:25:14,500  
它就是一个不平衡的世界  
  
627  
00:25:14,900 --> 00:25:15,100  
哎  
  
628  
00:25:15,500 --> 00:25:18,440  
那那么所以说这部书成书之后  
  
629  
00:25:18,600 --> 00:25:23,360  
他们家就一定最后出现了一个非常热心肠的这个  
  
630  
00:25:23,360 --> 00:25:24,080  
这个后代  
  
631  
00:25:24,990 --> 00:25:25,190  
哎  
  
632  
00:25:25,430 --> 00:25:27,230  
心很热啊  
  
633  
00:25:27,310 --> 00:25:30,310  
很爱好中医，但是水平又不够啊  
  
634  
00:25:30,470 --> 00:25:32,110  
想研究祖师的东西  
  
635  
00:25:32,110 --> 00:25:34,110  
然后呢，这个水平又不够  
  
636  
00:25:34,110 --> 00:25:38,930  
之后发现明清两代出现了大量的错剪的争议  
  
637  
00:25:38,930 --> 00:25:39,210  
对吧  
  
638  
00:25:39,770 --> 00:25:40,250  
之后呢  
  
639  
00:25:40,250 --> 00:25:41,410  
还怕老祖宗这东西  
  
640  
00:25:41,410 --> 00:25:42,650  
他知道是好东西啊  
  
641  
00:25:43,220 --> 00:25:45,140  
还怕看出来咋办呢  
  
642  
00:25:45,140 --> 00:25:45,980  
我偷摸改吧  
  
643  
00:25:46,660 --> 00:25:46,860  
唉  
  
644  
00:25:46,860 --> 00:25:50,700  
所以桂林书古本伤寒论是一个非常矛盾的一个版本  
  
645  
00:25:51,160 --> 00:25:52,280  
哎，特别厉害啊  
  
646  
00:25:52,520 --> 00:25:55,280  
就是费这这个叫矛盾，叫怎么怎么讲呢  
  
647  
00:25:55,640 --> 00:25:59,770  
高的东西极高补充了当年仲景先师所未发  
  
648  
00:25:59,770 --> 00:26:03,130  
就是有很多东西由于仲景那个年代没有这个病，是不是  
  
649  
00:26:04,270 --> 00:26:05,710  
所以他不可能写这个东西  
  
650  
00:26:05,990 --> 00:26:07,510  
或者写了他没传下来  
  
651  
00:26:08,110 --> 00:26:11,310  
那他用仲景先师的法续了仲景先师的脉  
  
652  
00:26:11,590 --> 00:26:12,950  
这不能叫狗尾续貂  
  
653  
00:26:13,230 --> 00:26:17,720  
我认为叫修旧如旧是一个复原，非常厉害啊  
  
654  
00:26:17,720 --> 00:26:18,760  
他续了他的法脉  
  
655  
00:26:19,120 --> 00:26:23,280  
但是有很多东西你能从中间看出来啊  
  
656  
00:26:23,480 --> 00:26:24,040  
叫什么呢  
  
657  
00:26:24,400 --> 00:26:27,290  
叫不得已为之而强为对吧  
  
658  
00:26:27,530 --> 00:26:28,530  
比如说凉感治病  
  
659  
00:26:28,650 --> 00:26:29,770  
比如五脏结之病  
  
660  
00:26:29,770 --> 00:26:33,250  
比如很多他非常高明的地方，明明是不行的  
  
661  
00:26:33,380 --> 00:26:36,060  
但是用仲景的法，他百尺竿头更进一步  
  
662  
00:26:36,220 --> 00:26:38,260  
极力的用仲景的法去做这个事  
  
663  
00:26:38,460 --> 00:26:40,380  
而且临床有效，效果非常好  
  
664  
00:26:40,620 --> 00:26:44,090  
但是后代的这个热心肠的子孙  
  
665  
00:26:44,540 --> 00:26:48,840  
为了掩盖这本书再造之之事实  
  
666  
00:26:49,480 --> 00:26:52,280  
怕大伙看出来，又把很多东西改的很低端  
  
667  
00:26:52,960 --> 00:26:54,880  
让很多人一眼就看出来是尾数  
  
668  
00:26:55,830 --> 00:26:56,430  
那怎么办  
  
669  
00:26:56,430 --> 00:26:57,710  
那很多人干脆就不看了  
  
670  
00:26:57,710 --> 00:26:59,510  
其实不代表这个书没有价值  
  
671  
00:26:59,510 --> 00:27:01,230  
是不是有很多东西有价值  
  
672  
00:27:01,390 --> 00:27:06,030  
那么它其中也是对仲景先师成熟思路的再次整理  
  
673  
00:27:06,790 --> 00:27:09,430  
所以你要记住一个暗号  
  
674  
00:27:10,610 --> 00:27:15,570  
当年号称仲景先师46世孙的张绍祖先生  
  
675  
00:27:15,730 --> 00:27:17,570  
曾经说过一个暗号  
  
676  
00:27:19,040 --> 00:27:21,840  
桂林古本伤寒论是伤寒论第多少稿儿  
  
677  
00:27:25,520 --> 00:27:28,440  
第多少稿，你们忘了吗  
  
678  
00:27:30,100 --> 00:27:31,180  
他据他所说  
  
679  
00:27:31,500 --> 00:27:35,420  
仲景先书先师伤寒论、伤寒杂病论成书  
  
680  
00:27:35,460 --> 00:27:36,540  
一共13稿  
  
681  
00:27:37,570 --> 00:27:39,130  
同学们，13代表什么  
  
682  
00:27:41,360 --> 00:27:42,400  
13代表什么  
  
683  
00:27:42,680 --> 00:27:43,720  
你想想这个数字  
  
684  
00:27:44,600 --> 00:27:48,520  
那么12代表地支之周流代表一周  
  
685  
00:27:49,340 --> 00:27:52,540  
代表一个春暖花开，春夏秋冬  
  
686  
00:27:53,630 --> 00:27:59,650  
那么13则代表春夏秋冬又一春啊  
  
687  
00:28:00,410 --> 00:28:01,650  
古人的苦心啊  
  
688  
00:28:02,090 --> 00:28:05,690  
好，我们接着第13稿就是这个稿  
  
689  
00:28:05,930 --> 00:28:06,850  
明白了吧  
  
690  
00:28:07,550 --> 00:28:08,910  
再造之功啊  
  
691  
00:28:11,270 --> 00:28:13,070  
那么这个下头呢  
  
692  
00:28:16,530 --> 00:28:17,170  
他讲，啊  
  
693  
00:28:17,850 --> 00:28:19,690  
虚肿者属气愤  
  
694  
00:28:20,610 --> 00:28:21,490  
发其汗即已  
  
695  
00:28:21,610 --> 00:28:23,770  
那么这块呢，可以可以发汗  
  
696  
00:28:24,340 --> 00:28:24,540  
呃  
  
697  
00:28:24,700 --> 00:28:27,060  
脉沉者这块都没变啊  
  
698  
00:28:27,060 --> 00:28:28,580  
叫麻黄附子甘草汤主治，哎  
  
699  
00:28:28,580 --> 00:28:29,340  
这块有意思了  
  
700  
00:28:29,340 --> 00:28:30,100  
叫脉浮者  
  
701  
00:28:30,100 --> 00:28:30,540  
你看啊  
  
702  
00:28:30,580 --> 00:28:32,740  
他这个笔法，他没用杏子汤  
  
703  
00:28:33,220 --> 00:28:34,380  
他用了一张方，叫什么呢  
  
704  
00:28:34,740 --> 00:28:36,500  
叫麻黄加猪汤  
  
705  
00:28:37,860 --> 00:28:39,020  
这个是行不行的呢  
  
706  
00:28:39,980 --> 00:28:42,860  
从临证角度来看，千真万确啊  
  
707  
00:28:43,060 --> 00:28:43,700  
千真万确  
  
708  
00:28:44,180 --> 00:28:44,380  
呃  
  
709  
00:28:44,660 --> 00:28:49,390  
这种服而误封福而不误封啊  
  
710  
00:28:50,560 --> 00:28:53,560  
脉浮之水，麻黄加猪汤完全可以啊  
  
711  
00:28:54,440 --> 00:28:54,640  
呃  
  
712  
00:28:54,680 --> 00:28:57,760  
所以我们讲叫发仲景先师所未发是吧  
  
713  
00:28:58,910 --> 00:28:59,110  
呃  
  
714  
00:28:59,150 --> 00:29:02,030  
那么在这呢，其实也解答了一个问题啊  
  
715  
00:29:02,510 --> 00:29:06,270  
我们过去有一种说法叫有汗用桂枝，无汗用麻黄  
  
716  
00:29:06,470 --> 00:29:07,830  
我反问大家一句话  
  
717  
00:29:09,270 --> 00:29:11,190  
用麻黄一定不能出汗吗  
  
718  
00:29:11,830 --> 00:29:15,030  
我不回答，这个回答已经刚才我们都讲过了  
  
719  
00:29:15,110 --> 00:29:16,150  
大家思考啊  
  
720  
00:29:16,730 --> 00:29:19,210  
有汗就一定不能用麻黄吗  
  
721  
00:29:20,410 --> 00:29:21,610  
想想麻杏甘石汤  
  
722  
00:29:22,050 --> 00:29:23,730  
想想月壁汤，对吧  
  
723  
00:29:24,130 --> 00:29:26,130  
哎，在这不再赘述啊  
  
724  
00:29:27,480 --> 00:29:28,480  
第27条  
  
725  
00:29:30,200 --> 00:29:34,530  
呃，蒲灰散这个方咱们之前见过啊  
  
726  
00:29:34,570 --> 00:29:37,410  
之前见过，在这个消渴小便不利啊  
  
727  
00:29:37,890 --> 00:29:38,330  
那一张  
  
728  
00:29:39,370 --> 00:29:39,650  
呃  
  
729  
00:29:40,670 --> 00:29:42,990  
那么在这呢，不再赘述啊  
  
730  
00:29:43,030 --> 00:29:47,710  
蒲苇散就是用古人认为是用芦席旧的芦席烧灰啊  
  
731  
00:29:47,710 --> 00:29:50,620  
咱们之前曾经讲过，讲讲下一个啊  
  
732  
00:29:50,660 --> 00:29:53,520  
这个是比较经典的，叫什么呢  
  
733  
00:29:54,080 --> 00:29:55,400  
叫黄汉啊  
  
734  
00:29:55,440 --> 00:29:59,080  
黄汉这个条讲完咱们今天也就差不多了啊  
  
735  
00:30:00,510 --> 00:30:00,710  
呃  
  
736  
00:30:00,910 --> 00:30:04,750  
这块讲叫问曰，黄汉治未病身体肿  
  
737  
00:30:05,610 --> 00:30:07,290  
那么还有个版本叫重，对吧  
  
738  
00:30:07,290 --> 00:30:10,730  
其实我个人认为这俩哪个都行，种能不重吗  
  
739  
00:30:11,010 --> 00:30:12,240  
哈哈，对吧  
  
740  
00:30:12,680 --> 00:30:15,240  
但是种一定重，重不一定肿啊  
  
741  
00:30:15,280 --> 00:30:15,840  
同学们啊  
  
742  
00:30:15,880 --> 00:30:17,360  
这个这个你得分清楚  
  
743  
00:30:19,580 --> 00:30:25,740  
所以这个做月肉旁边中国的中这个种我个人表示服役啊  
  
744  
00:30:25,740 --> 00:30:27,140  
我认为这个是对的  
  
745  
00:30:28,330 --> 00:30:28,530  
呃  
  
746  
00:30:28,810 --> 00:30:30,130  
发热，汗出而渴  
  
747  
00:30:30,890 --> 00:30:31,770  
状如风水  
  
748  
00:30:32,730 --> 00:30:35,050  
他这讲的概念呢，就是这个人啊  
  
749  
00:30:36,260 --> 00:30:39,100  
汗出发热燥渴，你看着像个风水病  
  
750  
00:30:39,220 --> 00:30:43,420  
但是它跟风水的差别差哪了  
  
751  
00:30:44,670 --> 00:30:44,870  
哎  
  
752  
00:30:44,870 --> 00:30:45,830  
他就差一个事  
  
753  
00:30:46,800 --> 00:30:47,000  
呃  
  
754  
00:30:47,400 --> 00:30:50,120  
他汉初是黄色风水，不是对吧  
  
755  
00:30:50,560 --> 00:30:52,000  
至于下头怎么描述啊  
  
756  
00:30:52,040 --> 00:30:55,370  
讲叫汗沾衣汗粘，粘了之后呢  
  
757  
00:30:55,570 --> 00:30:57,010  
色正黄如薄汁  
  
758  
00:30:57,850 --> 00:30:58,050  
呃  
  
759  
00:30:58,090 --> 00:31:00,250  
这个在我们门诊啊，有这样的患者啊  
  
760  
00:31:00,860 --> 00:31:01,860  
大家可能还记得吧  
  
761  
00:31:02,180 --> 00:31:03,660  
那么穿白衬衫啊  
  
762  
00:31:04,140 --> 00:31:08,970  
那么夏，那么夏天出汗汗那个衬衫就黄薄汁是什么样的  
  
763  
00:31:08,970 --> 00:31:09,450  
汁儿呢  
  
764  
00:31:09,800 --> 00:31:11,560  
就是黄渤，大家知道吧  
  
765  
00:31:11,880 --> 00:31:14,400  
这个我们北方人啊，经常叫白了  
  
766  
00:31:14,640 --> 00:31:18,240  
他应该念薄北方人很多时候念柏黄柏  
  
767  
00:31:18,980 --> 00:31:23,780  
黄柏的皮，在咱们学校那个七星百草园里面就有黄柏的树  
  
768  
00:31:24,240 --> 00:31:25,560  
但是你别去撕皮去啊  
  
769  
00:31:26,000 --> 00:31:28,040  
就是我就告诉你那个树叫黄柏树  
  
770  
00:31:28,320 --> 00:31:31,140  
你知道就行了啊呃，皮呀  
  
771  
00:31:31,140 --> 00:31:31,660  
特别苦  
  
772  
00:31:31,740 --> 00:31:32,500  
我尝过，呃  
  
773  
00:31:32,500 --> 00:31:33,740  
不是  
  
774  
00:31:35,430 --> 00:31:36,790  
我尝过黄柏啊  
  
775  
00:31:36,790 --> 00:31:37,510  
你不要多想  
  
776  
00:31:38,630 --> 00:31:41,270  
那么这个特别苦啊  
  
777  
00:31:41,590 --> 00:31:42,550  
黄柏的苦啊  
  
778  
00:31:42,550 --> 00:31:44,470  
我曾经给大家讲过这个事啊  
  
779  
00:31:46,110 --> 00:31:49,670  
那么额，汗出之后能能能能粘到身上啊  
  
780  
00:31:49,670 --> 00:31:51,350  
脉自沉，沉则主理  
  
781  
00:31:51,870 --> 00:31:53,630  
那么这个病是怎么得的呢  
  
782  
00:31:54,600 --> 00:31:55,280  
告诉你了  
  
783  
00:31:55,760 --> 00:31:56,880  
汗出之后啊  
  
784  
00:31:56,960 --> 00:31:57,480  
入水  
  
785  
00:31:58,470 --> 00:32:01,270  
洗澡水从汗孔入得知  
  
786  
00:32:01,670 --> 00:32:03,750  
那么说到这，其实有一个问题啊  
  
787  
00:32:03,750 --> 00:32:04,230  
同学们  
  
788  
00:32:04,550 --> 00:32:06,950  
我们说汗出入水的不止这一个证吧  
  
789  
00:32:08,020 --> 00:32:08,740  
大家记不记得  
  
790  
00:32:09,340 --> 00:32:09,620  
呃  
  
791  
00:32:11,100 --> 00:32:13,540  
但这个呢，有它的独特的点啊  
  
792  
00:32:13,540 --> 00:32:15,700  
在这我讲一下它独特在哪啊  
  
793  
00:32:16,220 --> 00:32:19,140  
咱别跟前头汗出入水那个东西混淆，呃  
  
794  
00:32:20,690 --> 00:32:21,130  
那么  
  
795  
00:32:24,100 --> 00:32:25,340  
这个独特的点在于黄汉  
  
796  
00:32:25,580 --> 00:32:26,300  
黄汉是啥  
  
797  
00:32:27,540 --> 00:32:28,420  
黄汉是啥  
  
798  
00:32:31,040 --> 00:32:33,600  
黄汗就是湿热，大家明白了吧  
  
799  
00:32:33,920 --> 00:32:36,720  
那么呃，失其色正黄吧  
  
800  
00:32:37,430 --> 00:32:38,350  
有热才有汗  
  
801  
00:32:38,590 --> 00:32:39,710  
你就记住黄汗是啥  
  
802  
00:32:39,710 --> 00:32:40,390  
黄汗就是湿热  
  
803  
00:32:40,390 --> 00:32:40,870  
记住了吧  
  
804  
00:32:41,310 --> 00:32:41,510  
哎  
  
805  
00:32:41,510 --> 00:32:42,590  
但这湿热咋来的啊  
  
806  
00:32:42,590 --> 00:32:45,510  
这块有消息还是于佳言先生说的  
  
807  
00:32:46,190 --> 00:32:48,990  
叫外水入泊于盈余而为热  
  
808  
00:32:48,990 --> 00:32:53,230  
我认为愚公说这句话就是就像一把利剑  
  
809  
00:32:53,270 --> 00:32:54,550  
一剑就刺透了  
  
810  
00:32:57,880 --> 00:32:58,320  
外水  
  
811  
00:32:59,240 --> 00:33:03,040  
他这说的水就是汗出之后你扑通扎到水里了是不是啊  
  
812  
00:33:04,440 --> 00:33:07,090  
入搏这个不读不读团啊  
  
813  
00:33:07,090 --> 00:33:10,050  
因为愚公他自己写的是博就外头的水  
  
814  
00:33:10,610 --> 00:33:12,450  
进来之后跟谁打起来了呢  
  
815  
00:33:13,290 --> 00:33:16,370  
跟莹其实这个也可以包含血，明白了吗  
  
816  
00:33:16,610 --> 00:33:17,450  
哎，入搏运营  
  
817  
00:33:21,460 --> 00:33:23,900  
育儿什么胃热  
  
818  
00:33:24,920 --> 00:33:27,240  
那么你想想这个水啊  
  
819  
00:33:27,680 --> 00:33:29,320  
把人的血和营御住了  
  
820  
00:33:29,320 --> 00:33:29,880  
御住之后  
  
821  
00:33:29,880 --> 00:33:33,920  
那营血是不是它包括体内的湿，它就会化热呀  
  
822  
00:33:34,320 --> 00:33:34,520  
哎  
  
823  
00:33:34,600 --> 00:33:36,520  
水液水液就会化热  
  
824  
00:33:36,560 --> 00:33:37,240  
就这么简单  
  
825  
00:33:37,520 --> 00:33:40,920  
能化热之后就就出出汗啊  
  
826  
00:33:40,920 --> 00:33:41,680  
这个叫黄汉  
  
827  
00:33:42,000 --> 00:33:43,400  
呃，实际上有很多人呢  
  
828  
00:33:43,400 --> 00:33:46,170  
有黄汉自己不知道，有的人啊  
  
829  
00:33:46,610 --> 00:33:51,520  
他这个穿，比如说白背心儿穿着穿着他就发现  
  
830  
00:33:52,360 --> 00:33:54,200  
但是这种黄汗不一定是通身式  
  
831  
00:33:54,240 --> 00:33:56,040  
因为人出汗也不通身处，对吧  
  
832  
00:33:56,280 --> 00:33:59,750  
你比如说脖子和后背这个位置出的多  
  
833  
00:33:59,750 --> 00:34:04,310  
尤其是夏天顺着头发往下淌点汗，那么淌汗的地方  
  
834  
00:34:04,550 --> 00:34:07,350  
他那个黄跟正常的那个衣服穿  
  
835  
00:34:07,700 --> 00:34:10,060  
穿脏了那个黄它不一样啊  
  
836  
00:34:10,420 --> 00:34:11,100  
他就是这样  
  
837  
00:34:11,100 --> 00:34:12,260  
那为什么代表有湿邪  
  
838  
00:34:12,860 --> 00:34:13,780  
那么有的人呢  
  
839  
00:34:14,290 --> 00:34:16,090  
他我这么说他还是不能明白  
  
840  
00:34:16,090 --> 00:34:18,969  
那我再说一个更加直观的感官  
  
841  
00:34:19,370 --> 00:34:21,889  
那么你说这个不就是汉淤住了吗  
  
842  
00:34:22,500 --> 00:34:23,739  
那么汉淤住之后  
  
843  
00:34:24,719 --> 00:34:26,679  
呃，其实有两种病啊  
  
844  
00:34:27,120 --> 00:34:31,830  
跟他是非常能够直观的能联系上的  
  
845  
00:34:32,070 --> 00:34:33,550  
那你说汗脚算不算  
  
846  
00:34:35,260 --> 00:34:37,020  
你细想想是不是汉语住了  
  
847  
00:34:38,110 --> 00:34:39,070  
是不是这个道理啊  
  
848  
00:34:39,550 --> 00:34:39,750  
额  
  
849  
00:34:40,070 --> 00:34:42,350  
那么但是这个分两种啊  
  
850  
00:34:42,350 --> 00:34:43,270  
焊角还有不一样  
  
851  
00:34:43,270 --> 00:34:44,630  
有一种是焊出来的  
  
852  
00:34:45,070 --> 00:34:46,790  
有一种汗淤住出不来的啊  
  
853  
00:34:46,989 --> 00:34:49,550  
我们讲我们我们，我们讲就是出不透的啊  
  
854  
00:34:49,830 --> 00:34:50,429  
这两种  
  
855  
00:34:51,190 --> 00:34:54,949  
但还有一种百分之百就是狐臭，知道吧  
  
856  
00:34:55,909 --> 00:34:57,270  
哎，这个外国人呢  
  
857  
00:34:57,310 --> 00:34:59,070  
他就比较严重  
  
858  
00:34:59,390 --> 00:35:01,190  
咱们说西方人可能人种不同吧  
  
859  
00:35:01,630 --> 00:35:01,830  
呃  
  
860  
00:35:02,030 --> 00:35:03,910  
汗腺比较丰富，呃  
  
861  
00:35:04,840 --> 00:35:06,360  
包括他们还有做手术的啊  
  
862  
00:35:06,360 --> 00:35:08,790  
用用用用那个什么办法啊  
  
863  
00:35:09,230 --> 00:35:13,430  
把那个说是腋下，他做一个简单的改造是吧  
  
864  
00:35:13,710 --> 00:35:14,830  
改造完了之后呢  
  
865  
00:35:14,870 --> 00:35:16,270  
他就不出了  
  
866  
00:35:16,270 --> 00:35:20,550  
但我认为这个它出还是说明他体内有有有湿气  
  
867  
00:35:20,550 --> 00:35:23,910  
你不能把他的出路给他给他堵住啊  
  
868  
00:35:23,910 --> 00:35:26,270  
说我们这块学校总有学生从门出来  
  
869  
00:35:26,270 --> 00:35:27,470  
然后你就把门堵上了  
  
870  
00:35:28,120 --> 00:35:30,240  
那你堵着门他不翻墙吗  
  
871  
00:35:30,240 --> 00:35:32,120  
咱们讲这个道理是不是这个道理啊  
  
872  
00:35:32,550 --> 00:35:34,350  
那你要真出不来，可能还真出事了  
  
873  
00:35:34,350 --> 00:35:37,030  
那那万一你也不符合防火安全呢是吧  
  
874  
00:35:37,470 --> 00:35:38,030  
一个道理  
  
875  
00:35:38,030 --> 00:35:41,770  
那人汗无从出，那么则体内呢  
  
876  
00:35:42,530 --> 00:35:44,050  
它就必然流血吧  
  
877  
00:35:44,520 --> 00:35:44,720  
哎  
  
878  
00:35:44,720 --> 00:35:45,720  
那么这个也不赞同  
  
879  
00:35:45,960 --> 00:35:48,360  
那么所以说提示一个问题啊，同学们  
  
880  
00:35:48,560 --> 00:35:50,720  
那么你在临床上遇到胡秀的患者  
  
881  
00:35:51,810 --> 00:35:54,450  
你是不是可以考虑考虑用这个奇芍桂酒汤啊  
  
882  
00:35:55,250 --> 00:35:55,450  
哎  
  
883  
00:35:55,930 --> 00:35:58,290  
那可以开发一个奇芍桂酒  
  
884  
00:35:59,080 --> 00:36:00,680  
那那咱开发出一个成药  
  
885  
00:36:01,320 --> 00:36:04,960  
那那那就那就专门治治狐臭，岂不美哉  
  
886  
00:36:05,000 --> 00:36:06,160  
我们讲这个事儿是吧  
  
887  
00:36:06,400 --> 00:36:08,440  
那多少病人饱受痛苦呢是吧  
  
888  
00:36:11,360 --> 00:36:13,800  
额，那么这个它的水呢  
  
889  
00:36:14,160 --> 00:36:15,760  
古今一家观点相同  
  
890  
00:36:15,840 --> 00:36:18,120  
张老师我呢表示也也是认同  
  
891  
00:36:18,600 --> 00:36:21,020  
这个是汗出之后进的水  
  
892  
00:36:21,020 --> 00:36:22,700  
你认为是凉水还是热水  
  
893  
00:36:25,600 --> 00:36:28,000  
一定是凉水，你细想啊  
  
894  
00:36:28,440 --> 00:36:30,970  
凉水一激，才能闭塞毛窍  
  
895  
00:36:31,010 --> 00:36:34,010  
闭塞毛窍才能扬于于里  
  
896  
00:36:34,450 --> 00:36:37,170  
如果是热水，它跟毛孔温度差不多  
  
897  
00:36:38,380 --> 00:36:39,820  
他泡完之后出汗  
  
898  
00:36:40,220 --> 00:36:41,260  
你泡个温泉吧  
  
899  
00:36:41,620 --> 00:36:44,500  
泡个温泉你就知道泡完温泉之后出来是出汗的  
  
900  
00:36:45,620 --> 00:36:46,020  
对不对  
  
901  
00:36:46,460 --> 00:36:49,410  
包括那个我在冬天啊  
  
902  
00:36:49,410 --> 00:36:51,810  
在在雪地里泡温泉，呃  
  
903  
00:36:52,050 --> 00:36:54,090  
每年冬天都都都都都泡  
  
904  
00:36:55,130 --> 00:36:56,490  
那么那个那个  
  
905  
00:36:57,640 --> 00:36:59,080  
当然得是一个小院儿啊  
  
906  
00:36:59,080 --> 00:37:01,320  
你自己有有这么个院子，呃  
  
907  
00:37:02,250 --> 00:37:04,890  
泡完了之后从温泉里头出来  
  
908  
00:37:05,690 --> 00:37:07,980  
一点都不冷啊  
  
909  
00:37:08,180 --> 00:37:12,380  
当然是从你池子走到那个房子这一段  
  
910  
00:37:12,940 --> 00:37:14,100  
你要是一直在外头  
  
911  
00:37:15,100 --> 00:37:15,780  
那就完了  
  
912  
00:37:16,260 --> 00:37:20,610  
那最后呢，就很可能变成大青龙汤证啊  
  
913  
00:37:20,770 --> 00:37:21,890  
非其时而有其器  
  
914  
00:37:22,050 --> 00:37:23,130  
大夫一看吓一跳  
  
915  
00:37:23,510 --> 00:37:24,910  
冬天怎么得夏天的病  
  
916  
00:37:25,190 --> 00:37:25,910  
热于于里  
  
917  
00:37:25,950 --> 00:37:26,270  
对呀  
  
918  
00:37:26,270 --> 00:37:27,230  
那你自己作的吗  
  
919  
00:37:27,470 --> 00:37:29,630  
你讲这个道理，毛窍打开是吧  
  
920  
00:37:29,950 --> 00:37:31,350  
那你肯定是大青龙啊  
  
921  
00:37:31,680 --> 00:37:33,640  
而且是人工造膜诶  
  
922  
00:37:33,680 --> 00:37:37,000  
人工造膜造出一个一个大青龙汤症，暑气啊  
  
923  
00:37:37,040 --> 00:37:38,040  
冬天得暑气  
  
924  
00:37:38,670 --> 00:37:40,880  
那么这就是断病  
  
925  
00:37:40,920 --> 00:37:43,200  
你把什么东西的道理想清楚之后  
  
926  
00:37:43,600 --> 00:37:45,040  
它必然只有这一条路  
  
927  
00:37:45,600 --> 00:37:47,040  
则你知道它的来龙去脉  
  
928  
00:37:47,040 --> 00:37:50,430  
就像冬天这人突然你一摸脉脉啊  
  
929  
00:37:50,430 --> 00:37:52,430  
这个有有这个紧而躁动之象  
  
930  
00:37:52,870 --> 00:37:54,910  
那么你就一定知道他是毛孔  
  
931  
00:37:54,910 --> 00:37:56,230  
开了之后里头又有热  
  
932  
00:37:56,610 --> 00:37:57,530  
那你就分析  
  
933  
00:37:57,530 --> 00:37:59,010  
你就能知道他是咋得的  
  
934  
00:37:59,850 --> 00:38:01,250  
甚至知道啥时候得的  
  
935  
00:38:01,650 --> 00:38:02,530  
那患者一听  
  
936  
00:38:03,800 --> 00:38:05,700  
哎呀，如见神明  
  
937  
00:38:05,900 --> 00:38:08,340  
谁一看你怎么断病如神啊  
  
938  
00:38:08,340 --> 00:38:09,180  
其实非常简单  
  
939  
00:38:09,980 --> 00:38:12,260  
就是因为你把这些工具和道路都熟了  
  
940  
00:38:12,970 --> 00:38:14,130  
就像我再打一个比方  
  
941  
00:38:14,130 --> 00:38:15,290  
你如果你这听不懂  
  
942  
00:38:15,290 --> 00:38:16,610  
你认为张老师故弄玄虚  
  
943  
00:38:16,610 --> 00:38:18,170  
那好，我再说个更简单的事  
  
944  
00:38:18,980 --> 00:38:20,860  
一个非常合格的出租车司机  
  
945  
00:38:21,860 --> 00:38:22,860  
他有的时候一分析  
  
946  
00:38:22,860 --> 00:38:24,700  
能知道你开车是从哪边来的  
  
947  
00:38:25,020 --> 00:38:25,660  
你信不信  
  
948  
00:38:27,690 --> 00:38:28,610  
这是迷信吗  
  
949  
00:38:30,010 --> 00:38:33,330  
多简单点问题那出租车司机道特别熟，点也熟  
  
950  
00:38:33,730 --> 00:38:35,490  
你几点钟从哪个位置到哪来  
  
951  
00:38:35,490 --> 00:38:38,450  
你走哪条路他大概就能知道了，这有多难吗  
  
952  
00:38:39,020 --> 00:38:42,300  
那为什么治病的时候你就认为这东西是玄玄虚呢  
  
953  
00:38:42,500 --> 00:38:43,020  
多简单  
  
954  
00:38:43,020 --> 00:38:44,300  
这就叫中医明白了吧  
  
955  
00:38:44,540 --> 00:38:46,060  
中医我们就研究这些东西啊  
  
956  
00:38:46,380 --> 00:38:48,500  
研究的不是小分子啊  
  
957  
00:38:48,580 --> 00:38:50,740  
研究的也也也也不是传导通路啊  
  
958  
00:38:51,180 --> 00:38:53,300  
也也不是那个基因层面的东西  
  
959  
00:38:53,300 --> 00:38:54,500  
研究的就是这这些东西  
  
960  
00:38:54,500 --> 00:38:56,300  
大自然天地万物啊  
  
961  
00:38:57,040 --> 00:38:57,960  
六气四时  
  
962  
00:38:58,040 --> 00:39:01,360  
阴阳五行48节，24气72候啊  
  
963  
00:39:03,280 --> 00:39:04,320  
研究就这些东西  
  
964  
00:39:05,600 --> 00:39:09,030  
那么这种情况之后啊  
  
965  
00:39:09,590 --> 00:39:11,470  
我们说凉水一击热于于里  
  
966  
00:39:11,510 --> 00:39:12,590  
那么这时候怎么办呢  
  
967  
00:39:12,710 --> 00:39:15,870  
其实三路去解决这个问题啊  
  
968  
00:39:16,910 --> 00:39:17,310  
黄芪  
  
969  
00:39:18,790 --> 00:39:19,230  
芍药  
  
970  
00:39:19,830 --> 00:39:23,580  
苦酒和桂枝，这三路黄旗干啥呢  
  
971  
00:39:24,400 --> 00:39:25,640  
那你再表啊  
  
972  
00:39:26,240 --> 00:39:29,400  
被水气闭塞在这儿我就不用麻黄了  
  
973  
00:39:29,400 --> 00:39:30,480  
因为里头有淤  
  
974  
00:39:31,080 --> 00:39:35,480  
在这用黄芪固表，以防邪气之传变啊  
  
975  
00:39:36,320 --> 00:39:38,840  
以黄气固表，然后怎么办呢  
  
976  
00:39:40,430 --> 00:39:43,390  
由于我们说这个热呀是淤于盈  
  
977  
00:39:43,550 --> 00:39:44,350  
是不是这个道理啊  
  
978  
00:39:44,790 --> 00:39:48,230  
它体现在营上，迎上之后就出现了一个链条  
  
979  
00:39:48,670 --> 00:39:51,430  
我们说中焦受气，取之变化  
  
980  
00:39:51,430 --> 00:39:52,750  
而赤是谓血  
  
981  
00:39:53,270 --> 00:39:54,710  
汗和血是同源的吧  
  
982  
00:39:55,340 --> 00:39:57,620  
那么他一定是从中焦转化到血脉  
  
983  
00:39:57,660 --> 00:39:58,940  
再从血脉转化为汗  
  
984  
00:39:59,100 --> 00:40:00,180  
这个大家明白了没有  
  
985  
00:40:00,580 --> 00:40:04,020  
所以我们得想办法把那个血  
  
986  
00:40:04,140 --> 00:40:05,500  
这个链条里的饮血  
  
987  
00:40:05,500 --> 00:40:07,380  
中间这个链条里的热把它去掉  
  
988  
00:40:07,660 --> 00:40:08,220  
是不是这回事  
  
989  
00:40:08,220 --> 00:40:11,100  
儿外头用黄芪啪一关门，拉上警戒线  
  
990  
00:40:11,460 --> 00:40:12,620  
这时候谁也不能来了  
  
991  
00:40:12,620 --> 00:40:13,220  
不能添乱  
  
992  
00:40:13,580 --> 00:40:15,650  
把表给他挡住，屏蔽柱  
  
993  
00:40:16,250 --> 00:40:20,450  
那么用桂枝去把这个诗雨把他逐出去  
  
994  
00:40:20,850 --> 00:40:23,930  
但是你得保证桂枝往雪走雨  
  
995  
00:40:24,040 --> 00:40:26,760  
你用啥让它往血走  
  
996  
00:40:27,880 --> 00:40:31,640  
两味药、芍药和醋，苦酒就是醋  
  
997  
00:40:33,710 --> 00:40:36,310  
苦酒就是醋啊，在这一说呢  
  
998  
00:40:36,310 --> 00:40:38,570  
很多人也说，哎  
  
999  
00:40:38,570 --> 00:40:40,770  
说老师在某地，某地发现了一种酒  
  
1000  
00:40:41,170 --> 00:40:43,570  
很可能就是汉朝的苦酒  
  
1001  
00:40:43,970 --> 00:40:45,490  
我不否认这种可能  
  
1002  
00:40:45,890 --> 00:40:46,770  
但我呢  
  
1003  
00:40:47,840 --> 00:40:49,440  
替仲景先师说句话  
  
1004  
00:40:50,240 --> 00:40:51,920  
他老人家有一层苦心啊  
  
1005  
00:40:51,920 --> 00:40:55,930  
大家有的时候忽略了仲景先师啊，呃  
  
1006  
00:40:56,170 --> 00:40:58,690  
你就当我做梦梦到过他吧啊  
  
1007  
00:40:58,730 --> 00:41:01,130  
那做梦的时候，他老人家跟我诉苦啊  
  
1008  
00:41:01,980 --> 00:41:06,300  
说我写这部书，我的愿望是希望这部书能利于流通  
  
1009  
00:41:07,020 --> 00:41:10,700  
所以对于它的剂量和它某一些特殊的用药  
  
1010  
00:41:11,330 --> 00:41:15,130  
我说的就是按照大家最能理解的方式说的  
  
1011  
00:41:15,850 --> 00:41:18,930  
所以我没藏一套体系在里头  
  
1012  
00:41:19,250 --> 00:41:21,290  
让你都不知道啊  
  
1013  
00:41:21,450 --> 00:41:25,130  
好有有利于我这本书写完之后大家都看不懂  
  
1014  
00:41:26,120 --> 00:41:27,400  
我这方大家都抓不齐  
  
1015  
00:41:27,520 --> 00:41:28,680  
我没那意思啊  
  
1016  
00:41:29,350 --> 00:41:30,390  
大家明白啥意思了吧  
  
1017  
00:41:30,750 --> 00:41:31,710  
哎，就是这个概念  
  
1018  
00:41:32,270 --> 00:41:33,190  
开个玩笑啊  
  
1019  
00:41:33,550 --> 00:41:36,790  
仲景先师这个苦酒，他说的就是醋  
  
1020  
00:41:37,120 --> 00:41:38,600  
醋家家都有是吧  
  
1021  
00:41:39,040 --> 00:41:40,200  
哎，你家没有醋吗  
  
1022  
00:41:40,560 --> 00:41:41,920  
那也可能有没有的是吧  
  
1023  
00:41:41,920 --> 00:41:42,760  
反正我家有  
  
1024  
00:41:43,020 --> 00:41:44,180  
那么为啥叫苦酒  
  
1025  
00:41:44,540 --> 00:41:46,540  
大家都知道酒的酿造方式吧  
  
1026  
00:41:46,900 --> 00:41:49,740  
用米经过发酵酿造成酒  
  
1027  
00:41:50,100 --> 00:41:52,940  
那么低度酒再经发酵和转化  
  
1028  
00:41:53,470 --> 00:41:55,470  
也就是传统的中国的那个那个米酒  
  
1029  
00:41:55,470 --> 00:41:57,310  
是不是那么则能变成醋  
  
1030  
00:41:57,550 --> 00:41:58,590  
这个大家明白了吧  
  
1031  
00:41:58,870 --> 00:42:03,860  
那么酒那个那个那个发酵再发大劲了，就变成醋了  
  
1032  
00:42:04,780 --> 00:42:04,980  
哎  
  
1033  
00:42:05,420 --> 00:42:06,340  
绝对是这样  
  
1034  
00:42:06,420 --> 00:42:08,420  
我做过实验，哎  
  
1035  
00:42:08,420 --> 00:42:12,740  
我就以前有那个，那个葡萄酒放时间放长了  
  
1036  
00:42:12,980 --> 00:42:16,020  
最后变成葡萄醋没法喝了啊  
  
1037  
00:42:16,060 --> 00:42:17,500  
最后认为吃饺子能用  
  
1038  
00:42:17,500 --> 00:42:20,460  
后来发现这玩意吃饺子也用不了啊，那么一大桶  
  
1039  
00:42:21,020 --> 00:42:23,170  
现在说这个道理啊  
  
1040  
00:42:23,170 --> 00:42:25,970  
他就是一个发酵大自然的鬼斧神工  
  
1041  
00:42:26,250 --> 00:42:27,970  
但是它里头有精益啊  
  
1042  
00:42:27,970 --> 00:42:32,300  
有精益，为什么你说这个米化成酒  
  
1043  
00:42:33,860 --> 00:42:35,700  
它像不像是饮食入胃之后  
  
1044  
00:42:36,060 --> 00:42:38,380  
由于精气他外开的一个状态  
  
1045  
00:42:38,740 --> 00:42:41,340  
我们说那个银精于脉  
  
1046  
00:42:42,100 --> 00:42:43,020  
是不是这个道理啊  
  
1047  
00:42:43,220 --> 00:42:44,580  
就是就是就是那个  
  
1048  
00:42:45,880 --> 00:42:48,840  
或者叫叫银青那个那个那个  
  
1049  
00:42:49,790 --> 00:42:51,670  
呃浊浊精归于肝是吧  
  
1050  
00:42:52,070 --> 00:42:52,830  
然后怎么样呢  
  
1051  
00:42:53,070 --> 00:42:54,110  
叫银精于金  
  
1052  
00:42:55,070 --> 00:42:58,670  
从肝和金生发这个角度去走，这个可以理解吧  
  
1053  
00:42:59,230 --> 00:43:01,270  
那么酒是发散的  
  
1054  
00:43:01,270 --> 00:43:04,070  
咱们都知道喝完酒之后它可以祛风，对不对啊  
  
1055  
00:43:04,070 --> 00:43:04,510  
可以散  
  
1056  
00:43:04,830 --> 00:43:05,910  
但是酒喝多了不行  
  
1057  
00:43:06,270 --> 00:43:08,800  
因为散大劲儿了，肝主疏泄  
  
1058  
00:43:09,240 --> 00:43:10,560  
最后肝太累了  
  
1059  
00:43:11,690 --> 00:43:11,970  
是不是  
  
1060  
00:43:11,970 --> 00:43:14,490  
这个道理就像是维持治安是好事  
  
1061  
00:43:14,490 --> 00:43:16,170  
让警察去做这个事  
  
1062  
00:43:16,880 --> 00:43:18,640  
但是你不能过度用啊  
  
1063  
00:43:19,080 --> 00:43:22,000  
你过度用最后就把他练废了  
  
1064  
00:43:22,200 --> 00:43:23,480  
这个道理大家明白了吧  
  
1065  
00:43:24,090 --> 00:43:25,450  
你少少的喝一点酒  
  
1066  
00:43:26,090 --> 00:43:27,770  
让肝去发散一下是好事  
  
1067  
00:43:28,130 --> 00:43:30,490  
但你玩命的散喝大酒  
  
1068  
00:43:31,250 --> 00:43:33,370  
那最后有多少喝出肝硬化的呀  
  
1069  
00:43:33,950 --> 00:43:34,710  
喝出肝癌的  
  
1070  
00:43:34,710 --> 00:43:37,070  
咱们说这个道理，是不是这个道理很简单  
  
1071  
00:43:37,470 --> 00:43:39,030  
那么适当的吃好的  
  
1072  
00:43:39,030 --> 00:43:40,990  
那么这是酒的一个标法  
  
1073  
00:43:41,390 --> 00:43:45,100  
那么醋是代表了一个什么样的事呢  
  
1074  
00:43:45,620 --> 00:43:50,160  
那么你看它散大劲了之后，再经过回炉酿造  
  
1075  
00:43:50,520 --> 00:43:53,880  
那么每每啊饮食入胃，变成精气  
  
1076  
00:43:54,240 --> 00:43:55,720  
总是先开而后合  
  
1077  
00:43:55,880 --> 00:43:57,040  
先出而后入吧  
  
1078  
00:43:57,800 --> 00:44:00,680  
那么经过了这个水晶四部之后  
  
1079  
00:44:00,840 --> 00:44:02,600  
是不是经过了肺朝百脉  
  
1080  
00:44:02,720 --> 00:44:04,000  
是不是他要返回来呀  
  
1081  
00:44:04,430 --> 00:44:06,030  
那返回来就是醋干的事  
  
1082  
00:44:06,030 --> 00:44:10,190  
因此处处收敛，反反到哪儿来反到迎血  
  
1083  
00:44:10,660 --> 00:44:13,780  
因此芍药和醋干的是这个事，儿回返  
  
1084  
00:44:14,110 --> 00:44:15,590  
因此它不只是一个酸  
  
1085  
00:44:15,670 --> 00:44:17,790  
有很多人说说那你是脾胃的病  
  
1086  
00:44:17,790 --> 00:44:19,510  
我们用酸，这个有道理  
  
1087  
00:44:19,510 --> 00:44:20,350  
但不全对  
  
1088  
00:44:20,610 --> 00:44:21,570  
如果是那样的话  
  
1089  
00:44:21,890 --> 00:44:24,650  
那奇芍五味子汤好不好  
  
1090  
00:44:25,950 --> 00:44:27,470  
奇芍乌梅汤行不行  
  
1091  
00:44:28,470 --> 00:44:32,270  
瞿糖奇勺山芋肉汤为什么这时候想不起来了呢  
  
1092  
00:44:33,030 --> 00:44:35,710  
为什么非得用奇芍、桂枝还要加苦酒  
  
1093  
00:44:36,150 --> 00:44:41,020  
就因为苦酒有一个从中焦变化，布散于外  
  
1094  
00:44:41,260 --> 00:44:42,620  
在收敛于内的过程  
  
1095  
00:44:42,740 --> 00:44:43,780  
这个大家能明白了吧  
  
1096  
00:44:44,300 --> 00:44:46,220  
那么正好合于营血的生理  
  
1097  
00:44:46,720 --> 00:44:49,080  
因此古人的药是表法的  
  
1098  
00:44:49,200 --> 00:44:50,400  
我跟大家讲过这个问题吧  
  
1099  
00:44:50,960 --> 00:44:53,980  
以表天地造化之法，哎  
  
1100  
00:44:54,300 --> 00:44:55,460  
那么这是表法的  
  
1101  
00:44:57,520 --> 00:44:59,760  
因此祁勺贵酒这个方就成了  
  
1102  
00:45:00,720 --> 00:45:00,920  
额  
  
1103  
00:45:01,200 --> 00:45:02,160  
那么后面呢  
  
1104  
00:45:02,160 --> 00:45:05,440  
关于他的煎煮江西，呃  
  
1105  
00:45:06,780 --> 00:45:09,140  
有一个小小的说法啊  
  
1106  
00:45:09,980 --> 00:45:11,780  
这个是用苦酒来煎的  
  
1107  
00:45:11,900 --> 00:45:13,420  
7L苦酒7L醋啊  
  
1108  
00:45:14,060 --> 00:45:14,700  
你想想啊  
  
1109  
00:45:15,220 --> 00:45:17,780  
煎煎煮到3L之后呢  
  
1110  
00:45:18,350 --> 00:45:19,950  
有的人喝完了之后会心烦  
  
1111  
00:45:20,670 --> 00:45:21,430  
为啥心烦  
  
1112  
00:45:21,430 --> 00:45:22,790  
因为苦酒内敛  
  
1113  
00:45:23,760 --> 00:45:26,160  
阻阻隔了心气，是不是啊  
  
1114  
00:45:26,160 --> 00:45:28,010  
心气，心形于表  
  
1115  
00:45:28,370 --> 00:45:29,290  
肾藏于理嘛  
  
1116  
00:45:29,290 --> 00:45:29,810  
对不对啊  
  
1117  
00:45:29,970 --> 00:45:30,570  
心行于表  
  
1118  
00:45:30,570 --> 00:45:31,170  
肾藏于礼  
  
1119  
00:45:31,450 --> 00:45:32,210  
阻隔了心气  
  
1120  
00:45:32,250 --> 00:45:33,290  
所以说心烦啊  
  
1121  
00:45:33,770 --> 00:45:34,610  
那么这个方呢  
  
1122  
00:45:34,610 --> 00:45:36,050  
我们在临床上治疗黄汗  
  
1123  
00:45:36,370 --> 00:45:37,850  
或者治疗那个腋臭  
  
1124  
00:45:38,450 --> 00:45:42,610  
或者其实治疗更简单的事就是凝血之中的湿热  
  
1125  
00:45:42,930 --> 00:45:43,570  
你打个比方  
  
1126  
00:45:43,570 --> 00:45:44,730  
什么叫饮血之中湿热  
  
1127  
00:45:44,730 --> 00:45:47,810  
我们说寸尺之脉可以表达表里部位吧  
  
1128  
00:45:48,180 --> 00:45:49,460  
那么寸为表  
  
1129  
00:45:49,780 --> 00:45:51,660  
观尺为礼，是不是可以这样理解啊  
  
1130  
00:45:51,960 --> 00:45:54,280  
那么如果表虚一个两寸特别沉的人  
  
1131  
00:45:54,640 --> 00:45:55,960  
他就不能有预热了吗  
  
1132  
00:45:57,550 --> 00:45:58,230  
你细想想  
  
1133  
00:45:58,710 --> 00:46:01,620  
两寸沉的人，为表不足的人  
  
1134  
00:46:01,620 --> 00:46:05,300  
他能不能有余热，也能吧那个热淤在里头更闹心  
  
1135  
00:46:05,740 --> 00:46:07,780  
所以这种体质常见于南方  
  
1136  
00:46:08,500 --> 00:46:10,700  
南方的人要不就是有湿热  
  
1137  
00:46:10,900 --> 00:46:12,060  
要不然热郁在里  
  
1138  
00:46:12,740 --> 00:46:13,420  
为啥预在里  
  
1139  
00:46:13,420 --> 00:46:15,020  
因为外头空调开得太狠  
  
1140  
00:46:16,070 --> 00:46:17,310  
空调开的很是吧  
  
1141  
00:46:17,630 --> 00:46:19,230  
导致它有热热出不来  
  
1142  
00:46:19,710 --> 00:46:21,750  
热被寒闭闭在里头  
  
1143  
00:46:22,070 --> 00:46:24,380  
打个比方，我在外头走路  
  
1144  
00:46:24,700 --> 00:46:27,110  
那你不能24小时在空调房里吧  
  
1145  
00:46:27,310 --> 00:46:29,270  
你在外头走路有没有暑热呀  
  
1146  
00:46:29,590 --> 00:46:34,760  
有暑热之后一进屋里空调房刷一下像不像入水  
  
1147  
00:46:36,940 --> 00:46:38,460  
会不会憋出黄汗  
  
1148  
00:46:38,740 --> 00:46:39,740  
即使不出黄汗  
  
1149  
00:46:39,740 --> 00:46:42,090  
有没有湿热在里，有事在里  
  
1150  
00:46:42,090 --> 00:46:43,210  
七勺桂酒汤行不行  
  
1151  
00:46:43,450 --> 00:46:46,570  
所以这张方南方的朋友一定要好好用  
  
1152  
00:46:47,580 --> 00:46:48,540  
哎好  
  
1153  
00:46:48,580 --> 00:46:50,220  
那这节课就先到这下课